

Virtual Club Juniors (K-2)

Week of: July 13 - July 17

VIRTUAL CLUB CONNECTION



ZOOM CLASSROOM SESSIONS

Don't forget our Program Directors continue to host daily Zoom meeting activities. Parental consent forms must be provided. If you haven't already, please complete the yellow consent form and return to the activity table at the Club 5:30-6:30 weekdays.

Zoom meeting links and passwords will be sent via email once consent has been received. You will receive a new link and password each week.

ZOOM MEETINGS	M	T	W	TH	F
3:30-4PM K-2nd Grade	COACH BREEZY	MS. WILLIAMS	MS. CHERI	COACH DAVIS	↑ NO ZOOM MEETINGS
4:30-5PM 3rd-5th Grade	MS. CHERI	COACH BREEZY	COACH DAVIS	MS. WILLIAMS	↑ FUN FRIDAY CARnival DRIVE-THRU + PACKET PICKUP 5:30-6:30PM ↓
5:30-6PM Middle School		MR. ALEC	MR. ALEC	MR. ALEC	

VIRTUAL CLUB PACKET INSTRUCTIONAL VIDEOS

Please subscribe to our YouTube channel: <https://www.youtube.com/user/BGCoFCabarrusCounty> to access fun videos that explain some of the weekly packet activities and provide visual instruction. New videos are posted each Friday as new packets are distributed.

SUPPLIES, SUPPLIES!

An amazing collection of school materials and arts & crafts goodies is available this week courtesy of our friends at The City of Concord! Be sure to pick a box up in the drive-thru line.

CARnival FUN FRIDAYS!

JULY 10	CAMP SPENCER SHOWDOWN Camp activities including Fishing & Archery
JULY 17	MOVIE NIGHT

We miss you and hope you and your families are safe and healthy. We hope these opportunities allow us to connect with you the best we can during these times.



Arts & Crafts

Ms. Cheri

choward@bgclubcab.org



Activity 1: World Emoji Day July 17th

Supplies Provided in this Packet: 2 Paper plates, Emoji face parts

Things needed at home: Glue

Directions: In honor of World Emoji Day customize and create an emoji face that would best describe you during the pandemic we have been experiencing. Email me a photo of your emoji. The best and most creative emoji face will win an inflatable ring toss game.



Activity 2: Hobby Horse craft

Supplies Provided in this Packet: Horse Head, Fabric, Tissue paper, Jewels, an Eyeball

Things needed at home: Scissors, Glue, Paper towel roll

Directions: Cut out the horse head, and decorate it however you like. Horses are black, white, tan, grey, or brown but you may be as creative as you like. Utilize the material that is given in the packet. At one end of the paper towel roll make 2 vertical slashes about an inch long so the horse head can slide through them and fit stabilized.



Wise Choices
Ms. Cheri
choward@bgclubcab.org



Activity: Diversity

Supplies Provided in this Packet: Worksheet

Things needed at home: Writing Utensil, Youtube

Directions: **Have a parent join**

We are all aware of what is going on in the world with all the rioting and protesting going on. As Americans it is our duty to take care of our land and be the best persons we can be. Please watch this video at the following link <https://www.youtube.com/watch?v=zptrioRNUmU> . Then fill out the worksheet that goes with it. There are no right or wrong answers please take a picture of your of your worksheet when you are done with there will be an open discussion on our zoom call Wednesday July 22th at 3:30 pm

Diversity Worksheet

Answer these questions to the best of your ability. Anything you may be confused about or want to ask questions about, talk to your parents.

1. What do you know about someone from only their skin color?
2. Can you tell if someone is a good friend or not by their skin color?
3. What comes to your mind when you hear the word "racist"?
4. If you could do one thing to change the world when it comes to racism what would you do?

Technology Center
Ms. Williams
twilliams@bgclubcab.org



Activity: One Hundred Snowballs

Supplies Provided in this packet: N/A

Things needed from home:



Computer



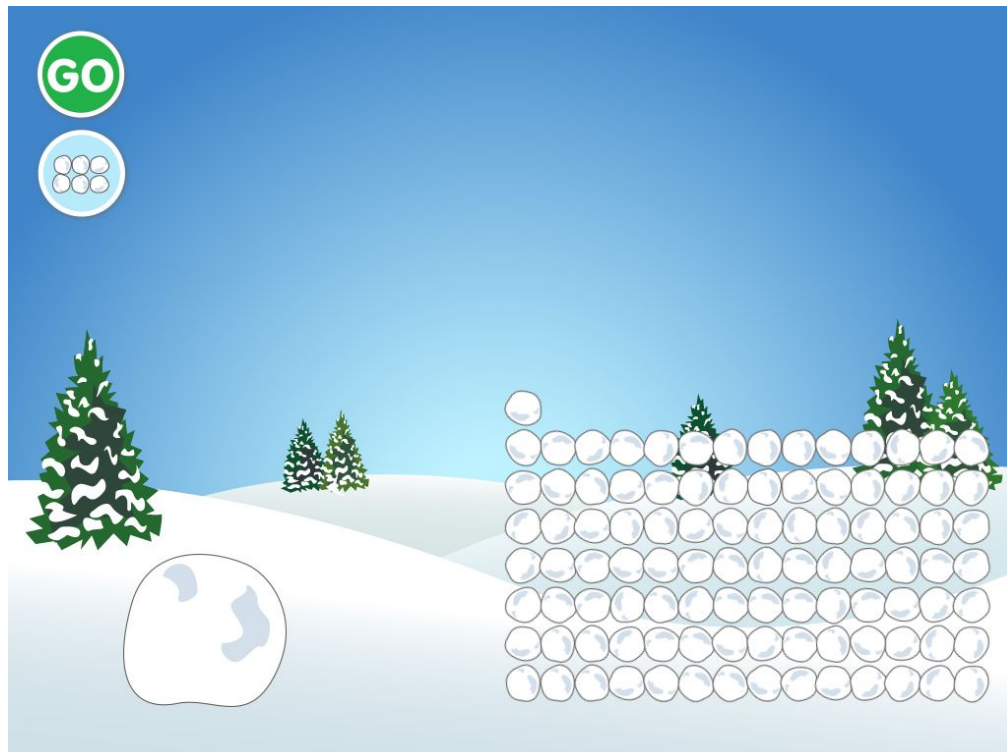
Wi-Fi Internet

Instructions:

Step 1: Go to ABCYA One Hundred Snowballs

https://www.abcya.com/games/one_hundred_snowballs

Step 2: Clicking and drag snowballs around the winter scene. You can create anything you imagine as long as it only uses 100 snowballs!



Learning Center
Ms. Williams
twilliams@bgclubcab.org



Activity: Ice Keeper

Supplies provided in this packet: 4 zip top sandwich bags, 4 plastic cups, feathers, scraps of fabric, aluminum foil

Things needed from home: World of Wow from your Boys and Girls Supply box

Goal – Learning which materials will keep ice from melting.

This is an extension of our Zoom activity on Ice.

Directions:

Step 1: Turn to page 82 in your World of Wow book you received in your Boys and Girls Supply box from last week.

Step 2: Follow the directions. Some supplies are in your packet. You'll find the rest of your supplies at home.

Step 3: Follow steps 1 through 4 on your recording sheet.

Step 4: Take a picture of your recording sheet and ideas for a better ice keeper and email them to: twilliams@bgclubcab.org no later than Friday, July 17, 2020. Please include your first and last name.

Prize: First one to turn in recording sheet wins a stencil & markers.



Gym Gems
Coach Davis

georgia4321@yahoo.com



Basketball Skill Session

Supplies Provided: Basketball

Things needed at home: Flat surface, timer, great work ethic

Workout: Standing still, dribble with your right hand, 3 sets of :30 seconds, head up, ball below the hip. Do the same with your left hand.

***Mark off 10 feet and dribble while walking... right hand down, left hand back. As you get better dribbling, you can begin to jog, then eventually run. Using a clock to time you is always good.

Taps... take a knee and tiny dribbles as quickly as possible. You may use your right hand for :30, then your left hand for :30, and then combine both hands for :30. Do this three times each.

Here are some more links that will help beginners:

<https://youtu.be/DZ7ZY7CZXtY>

<https://youtu.be/OjKGT8m94yQ>

http://content.jwplatform.com/videos/wUz6OI0K-XB0A4yVO.mp4?_u=2

For members that have access to a basketball goal or a smaller goal:

Game of **C-A-T** or **H-O-R-S-E**

Player 1 will “call” his/her shot... example: shoot right handed, bank shot. If Player 1 hits the shot, Player 2 will have to attempt the same shot using their right hand and a bank shot. If Player 1 misses, then Player 2 can “call” his or her shot. If the shot is made, Player 2 has to attempt the same shot.

When a Player calls his/her shot, makes it and Player 2 attempts and MISSES the shot, Player 2 will receive a letter... C, if playing CAT or H if player HORSE. The player who spells the word first is eliminated and the opposing player wins. Video: Can Steph Curry beat his dad (Dell) in a game of horse? <https://www.youtube.com/watch?v=gt0QF8-dTNw>

Games Room
Coach Breezy
rmason@bgclubcab.org



Activity: Dirt bag toss

Supplies provided in this packet: Zip-lock bag filled with soil, 5 paper plates

Things needed at home: None

Directions: Color the plates, all different to distinguish a points system. It can be 10, 20, 30, 40, 50 or 25, 50, 75, 100, 125 or even 1, 2, 3, 4, 5. Then place them apart with the smallest number being the closest to you and the highest number being farther away. Toss the bag of dirt (each person getting 3-5 tosses) trying to get the most points! Send me an email and best designed plates win a mini craft punch set.

Don't forget to subscribe to our YouTube channel for examples of this any many more interesting games and videos!

<https://www.youtube.com/BGCofCabarrusCounty>



Activity Room
Coach Breezy
rmason@bgclubcab.org



Activity: Hand & foot hopscotch

Supplies Provided in this packet: Foot prints, hand prints

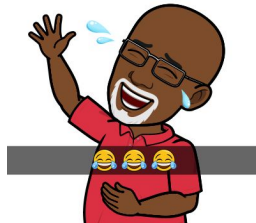
Things needed at home: Ample amount of space, scissors

Directions: In your packet you will find two sheets of paper with three pictures each of a right foot, left foot, right hand, and left hand. That means you will have six right feet, six left feet, six right hands, and six left hands. Place the prints in sets of 3's on the floor making sure you have 8 rows. You are not allowed to have two of the same prints on the same row. Also if you have two of the same items (like a right foot and a left foot), they must be put on the side of the other as they naturally would be. The object is to hop forward placing our hand or foot on the print as instructed not trying to mess up.



<https://www.youtube.com/BGCofCabarrusCounty>

Activity Room
Coach Breezy
rmason@bgclubcab.org



Activity: Sphere Glider

Supplies provided in this packet: None

Things needed at home: A piece of paper

Directions: Go to the YouTube channel at The Boys and Girls club of Cabarrus County. Watch the video with the directions on how to make the glider. Have someone film you flying the glider and send video in to Coach Breezy to receive a king sized candy bar!



<https://www.youtube.com/BGCofCabarrusCounty>