

Virtual Club Seniors (3rd-5th)

Week of: June 15-19

VIRTUAL CLUB CONNECTION

PARENTAL PERMISSION SLIP

If you haven't already, please complete the yellow parental consent form and return to the activity table at the Club 5:30-6:30 weekdays. Students cannot participate in Zoom classroom meetings without this consent.

VIRTUAL CLUB PACKET INSTRUCTIONAL VIDEOS

Please subscribe to our YouTube page: <https://www.youtube.com/user/BGCofCabarrusCounty> to access fun videos that explain some of the weekly packet activities and provide visual instruction. New videos are posted each Friday as new packets are distributed.

ZOOM CLASSROOM SESSIONS

Starting Tuesday, May 26th, our program directors will be hosting daily Zoom meeting activities to provide kids with an opportunity to connect live with staff and other Club kids. Parental consent forms must be provided. Zoom meeting links and passwords will be sent via email once consent has been received. You will receive a new link and password each week.

ZOOM MEETINGS	M	T	W	TH	F
3:30-4PM K-2nd Grade	COACH BREEZY	MS. WILLIAMS	MS. CHERI	COACH DAVIS	↑ NO ZOOM MEETINGS ↓
4:30-5PM 3rd-5th Grade	MS. CHERI	COACH BREEZY	COACH DAVIS	MS. WILLIAMS	
5:30-6PM Middle School		MR. ALEC	MR. ALEC		

We miss you and hope you and your families are safe and healthy. We hope these new opportunities allow us to reconnect with you the best we can during these times.



Arts & Crafts
Ms. Cheri
choward@bgclubcab.org

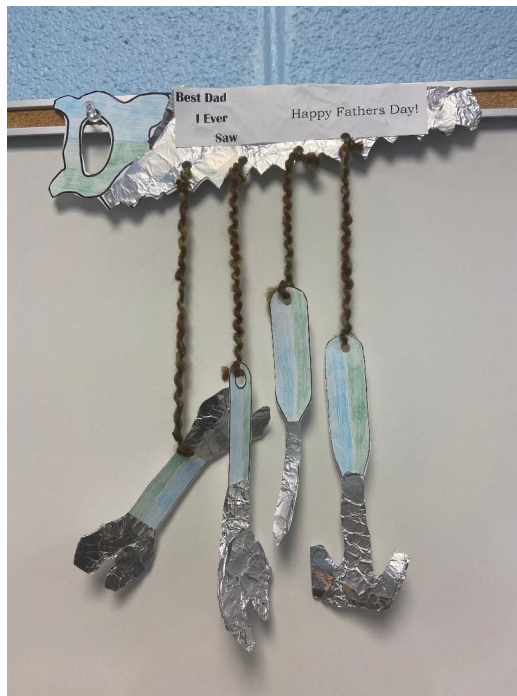


Activity: Best Dad I Ever Saw (Fathers Day)

Supplies Provided in this Packet: Tool template, foil, string

Things needed at home: Scissors, Glue, Something to punch a hole.

Directions: Color the handles on all the tools and cut them out. Put foil on the tools where you would normally see the metal, so it looks like a real tool. Cut out the Happy Fathers Day slogan that is located inside your actual packet ((Dad, Uncle, or Grandpa) and place it at the top of your saw. At the bottom of your saw where the blade is, poke 4 spaced out holes. On the handle of all your tools poke a hole. Tie each tool to the bottom of the saw using the string provided.



Best Dad

I Ever

Saw

Happy Father's Day!

Best Uncle

I Ever

Saw

Happy Father's Day!

Best Grandpa

I Ever

Saw

Happy Father's Day!

Life Skills
Ms. Cheri
choward@bgclubcab.org



Activity: Hello Jello

Supplies Provided in this Packet: Box of Jello

Things needed at home: Measuring cup, Boiling water, Cold Water

Directions: Grab a thick heavy duty bowl and pour in the Jello powder. Next get 1 cup (8 oz) of boiling water and pour it inside the bowl. Stir for 2 minutes until the powder dissolves. Add 1 cup (8 oz) of cold water and stir for another minute. Set the bowl in the refrigerator for 2-3 hours to chill.



Learning Center
Ms. Williams
twilliams@bgclubcab.org



Activity: String Art and Math: A Project in Multiplication

Provided in this packet:

- Multiplication math sheet, circle template, needle and yarn

Things needed from home:

- Tape

Goal: Practice multiples of 2, 5 and 10 and to follow instructions.

Directions:

Step 1: Solve the multiplication problems on the math sheet.

Step 2: Thread your needle.

Step 3: Follow the instructions provided on your math sheet. Tape the end of the yarn to the board behind the first hole.

Step 4: When finished, tape the last of the yarn to the board behind the last hole.

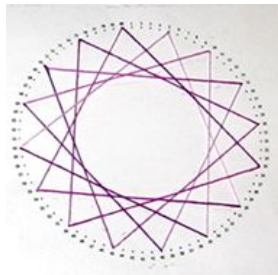
Step 5: Take a photo of your answer sheet and your finished art.

Challenge: Come up with your own design using math facts.

Prize for own original design is a needlepoint kit, wrist band & candy bag

Save and Submit:

Take a photo of your answer sheet, your finished art and a photo of your original design. Email them to: twilliams@bgclubcab.org no later than Friday, June 19, 2020. **Please include your first and last name.**



Technology Center

Ms. Williams

twilliams@bgclubcab.org



Activity: Digital Literacy: Online Safety Basics

Supplies provided in this packet: N/A

Items needed from home:



Computer



Wi-Fi Internet



Headphones

Instructions:

- Visit: <https://myfuture.net>
- Either sign up or log in as a **MyFuture.Net** member
- In the upper right-hand corner, Click on **Programs**
- On the left side, Click on **Digital Literacy**
- Click on **Online Safety**
- Click on **Online Safety Basics**
- Once in the activity, follow the instructions in Steps 1-4. In Step 1, the facilitator could be your parent, an older sibling or your guardian.

Save and Submit: Upload your saved file to your My.future account



Gym Gems
Coach Davis
georgia4321@yahoo.com



Activity: Buzzer Beater Basketball with the Harlem Globetrotters

Supplies Provided: N/A

Things needed at home: A basketball, small ball, or even a couple of socks rolled into a ball.

Introduction: The Harlem Globetrotters is one of the most famous and one of the oldest basketball teams in the world. They are famous for their trick shots and making the audience laugh. Watch this video to learn more about them:

<https://www.youtube.com/watch?v=-RqpCg2kCMU>

Directions:

- Find a partner and practice your Harlem Globetrotters routine. If you are using something other than a regular ball, throw it against a wall instead of dribbling.

Bronze Medal Challenge:

- The objective is for you and your partner to score as many points as possible in 60 seconds.
- Dribble the ball 5 times and pass it to your partner with a behind the back pass— that's 1 point!
- Your partner will catch the ball, dribble 5 times, and pass it back to you (behind the back) — that's another point! Be sure to alternate hands... Right hand, Left hand!
- You have 60 seconds. Ready, set, go!

Silver Medal Challenge:

- The objective is for you and your partner to score as many points as possible in 60 seconds.
- Perform 5 crossover dribbles, wrap the ball around your waist, and pass it to your partner going between the legs— that's 1 point!
- You have 60 seconds. Ready, go!

Gold Medal Challenge:

- The objective is for you and your partner to score as many points as possible in 60 seconds.
- Dribble and juke a defender, then hit a fade away jump shot — that's 1 point!
- You have 60 seconds. Ready, go!

For Giggles & Grins:

1. Make up your own Buzzer Beater challenge using combination basketball skills (shooting,dribbling,passing, imitating the basketball skills of the Harlem Globetrotters).
2. Take the game winning shot! Have your partner be the buzzer and countdown:"5,4,3,2,1,errrrrrrrrrrrrrr."Hit the game winning shot at the buzzer in slow motion and celebrate like crazy (while staying 6 feet apart).
3. Pass the ball around, Harlem Globetrotters style to the music of the Globetrotters' song ("Sweet Georgia Brown"), or your own favorite song.



Activity Room
Coach Breezy
rmason@bgclubcab.org



Activity: Hallway Maze

Supplies Provided in this packet: None

Things needed at home: Bundle of yarn or string, roll of tape.

Directions: Basically, you are going to tape the yarn to the wall in a zig-zag pattern, back and forth, high and low, moving down the hallway. The idea is to create a “maze” that you can work your way through, like the laser mazes you see in spy movies. Have someone film you maneuvering through the maze and send video to coach Breezy. Best maze winner gets a board game called “Aggravation!”. As a side note don't forget to subscribe to the Boys and Girls Club of Cabarrus County's YouTube channel! We post a lot of great ideas, games and crafts!



<https://www.youtube.com/BGCofCabarrusCounty>

Game Room
Coach Breezy
rmason@bgclubcab.org



Activity: A Vacuum Race

Supplies provided: Ping Pong Ball

Things needed at home: 6-12 Cups or bowls

Directions: This game can be played with multiple players or a single player racing against time. The rules are simple. Line the cups/bowls up in a single file line. If you are a single player you can race against time trying to improve your time each round. If there are multiple players make sure each player has the same amount of cups/bowls to race against each other. Use the straw provided to suck up the ping pong ball, creating a vacuum and drop the ball in each cup/bowl, one at a time, until you reach the end. There is a video on our YouTube channel of me demonstrating the game. To see it follow the link below.

Friendly reminder, don't forget to subscribe and follow us for other great ideas, crafts and fun things to do!

<http://www.youtube.com/BGCofCabarrusCounty>