

Virtual Club Teens

Week of June 22-26

VIRTUAL CLUB CONNECTION

PARENTAL PERMISSION SLIP

If you haven't already, please complete the yellow parental consent form and return to the activity table at the Club 5:30-6:30 weekdays. Students cannot participate in Zoom classroom meetings without this consent.

VIRTUAL CLUB PACKET INSTRUCTIONAL VIDEOS

Please subscribe to our YouTube page: <https://www.youtube.com/user/BGCofCabarrusCounty> to access fun videos that explain some of the weekly packet activities and provide visual instruction. New videos are posted each Friday as new packets are distributed.

ZOOM CLASSROOM SESSIONS

Starting Tuesday, May 26th, our program directors will be hosting daily Zoom meeting activities to provide kids with an opportunity to connect live with staff and other Club kids. Parental consent forms must be provided. Zoom meeting links and passwords will be sent via email once consent has been received. You will receive a new link and password each week.

ZOOM MEETINGS	M	T	W	TH	F
3:30-4PM K-2nd Grade	COACH BREEZY	MS. WILLIAMS	MS. CHERI	COACH DAVIS	↑ NO ZOOM MEETINGS ↓
4:30-5PM 3rd-5th Grade	MS. CHERI	COACH BREEZY	COACH DAVIS	MS. WILLIAMS	
5:30-6PM Middle School		MR. ALEC	MR. ALEC		

We miss you and hope you and your families are safe and healthy. We hope these new opportunities allow us to reconnect with you the best we can during these times.



21st CCLC Learning Center

Mr. Alec

aforney@bgclubcab.org



Tower of Power

Supplies provided in this packet:

50 (3x5) Notecards

Things needed at home:

Patience

Directions:

During the Afterschool Program, we had a wide variety of blocks called Keva Planks. With the Keva Planks, the students were instructed to build certain buildings with a time limit! After the time ended, staff members went around and picked which one built the best object! After three rounds, whichever team won received candy and a treat. Since we are not able to use Keva Planks, you will be using notecards. Your object is to follow the instructions down below and when you are done to submit your photo to my email for a chance to win a \$10 FOOD GIFT CARD!! Good Luck!

Here are the rules:

1. For the first round, you will be given FIVE MINUTES to build your first tower.
2. For the second round, you will have SEVEN MINUTES to build another tower that is hopefully larger than the first!
3. After the first two rounds, you will be able to spend as much time as possible building the tallest tower you can! Send me a picture for your chance to win the gift card!

This activity is about challenging yourself to build the biggest tower during the time restraints! After every round, you should be able to build a better tower and improve on what you had built before! Have fun and use your imagination!

Arts & Crafts

Mr. Alec

aforney@bgclubcab.org



God's Eye Activity

Supplies provided in this packet:

Yarn/ Sticks/ Scissors

Things needed at home: N/A

Directions:

Step 1: Connect your sticks

With a small bit of yarn, tie your two sticks together. Knot the yarn so it doesn't come undone.

Step 2: Wrap the yarn around the sticks

Firmly hold the end of your yarn against the center of the sticks. Wrap the yarn in a clockwise or counterclockwise direction (you decide – just be consistent) around one of the sticks.

Move on to the next stick and then wrap it again.

Keep moving around in a circle, wrapping the yarn around each stick as you go.

If you run out of yarn or want to change colors, simply knot a new piece of yarn to the existing piece and keep going.

Make a knot around the stick when you're done.

Life Skills

Mr. Alec

aforney@bgclubcab.org



Sorted and Now Folded!

Supplies Provided in this Packet:

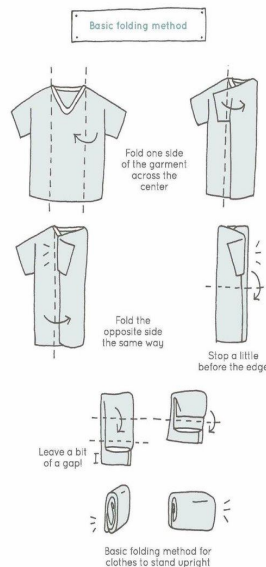
Instruction Pictures

Things Needed at Home:

CLEAN CLOTHES/ TOWELS

Directions:

Last week, you all learned how to sort clothes. I would go into the basics of washing clothes but that is more of a hands on experience and I would much rather your parents help you out with that. This week, you are going to learn how to fold clothes. There are many types of ways to fold clothes and everyone has a unique style. My mom folds clothes differently than how I do. There are three ways that teaches you ways to fold clothes this week with; "Regular", "Shopping Store", and "Marine." At the end of the instructions, I want to go and try to fold clothes your own unique way and show me how you did be emailing a picture of your artwork! Good Luck!



4 WAYS TO FOLD A T-SHIRT

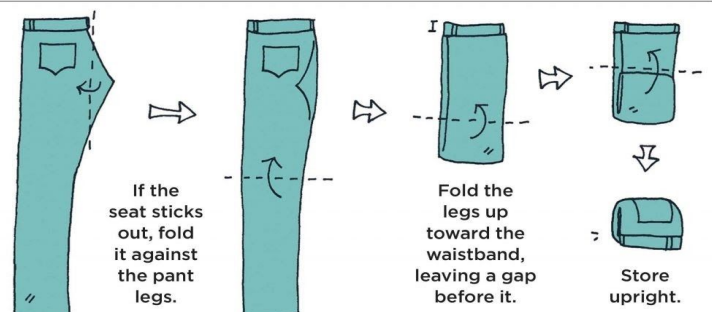
PRESENTED BY: REAL MEN REAL STYLE

2 of 4 The Marine Roll



RMRS
Real Men Real Style

1. HOW TO FOLD PANTS



Games Room

Mr. Alec

aforney@bgclubcab.org



**“Really? No one wants to beat me?” -
Mr. Alec**

Directions:

<https://www.coolmathgames.com/0-darts>

Directions for the Game:

Since no one wanted to beat me on last week's game, this week I am giving you an easier game to beat me at. I am terrible at darts. The goal is to get EXACTLY 301 points and beat the computer. I can go ahead and tell you that I couldn't beat it so that is your challenge for the week. All you have to do is just beat the computer and you will automatically beat my highscore! You will have to use a mouse to direct the dart to the board and use it to power up the dart as well. Each spot on the board gives you different amount of points. Also, you will have to do some math but if you win and submit your win, you will receive a bag of Takis!



Gym Gems

Mr. Alec

aforney@bgclubcab.org



Frisbee Golf

Supplies Provided: N/A

Things needed at home: A Frisbee or a ball will do. Use a clothes basket, empty box, lawn chair, or trash can for the “holes”.

Introduction: Frisbee Golf is a game that is gaining popularity throughout the world. The game is 18 holes and is played with a frisbee instead of golf clubs and golf balls. On most Frisbee Golf Courses, players will throw the frisbee into a basket at various distances. At the end of the round, the player with the lowest score is the winner.

Directions:

- You'll need some practice tossing the frisbee. This will help with improving accuracy and distance on your throws.
- Place the basket or box in a safe location and toss the frisbee. You can either play your next toss from the spot it landed OR where the frisbee actually stopped.
- Record how many tosses it takes for you to get the frisbee (or another object) into the basket/box.
- For the next hole, you can either move the basket/box or you can move the spot from where you and your partner(s) will throw from.
- You can also make the game more challenging by using trees or other objects as obstacles.
- At the end of the 9th hole, add up your tosses for each hole... The low score is the winner.
- Each day, practice tossing the frisbee before you play and try to beat the score from the previous day.