



**BOYS & GIRLS CLUB**  
OF CABARRUS COUNTY

# **PARENT GUIDE**

# **2021-2022**

Boys & Girls Club of Cabarrus County  
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# ATHLETIC PROGRAMS

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Updated July 21, 2021. Information is subject to change. Please call the Club or check the website and Facebook pages throughout the year for updated information. Programs have their own registration dates, forms, and fees. Enrollment in one program does not secure enrollment in another program.

## OUR MISSION

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Our mission is to enable all young people, especially those who need us most, to reach their full potential, as productive, caring, responsible citizens.

## COVID STATEMENT

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The Boys & Girls Club of Cabarrus County will continue to follow recommendations from the Center for Disease Control and Prevention (CDC) and the NC Department of Health and Human Services (NCDHHS). When appropriate, we will follow procedures implemented by the Cabarrus County School System in order to provide consistency for children. Guidelines are updated regularly in response to community conditions and research findings. Therefore, Club policies and procedures included in this handbook are subject to change at any time during the school year as the Club continues to follow the aforementioned recommendations. We will provide information through social media, as well as emails to participants, prior to the beginning of the school year detailing our pandemic protocols and procedures.

## PARENTAL GUIDELINES AND CONSENTS

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### *As stated in Registration Materials*

- **Refund Policy:** It is our standard policy not to provide refunds. Under special circumstances, a refund may be requested by completing a refund form. If approved, a \$25.00 refund fee will apply.
- In the event of illness or injury while participating in Club programs, child has permission to receive treatment from Club personnel or volunteers. Parents will be notified of serious injury or illness immediately.
- Photos and videos taken on Club property and during Club activities may be released without permission of the parents. Photos / videos will never reveal confidential information about the child. Parents who object to the release of such photos must notify the Club, in writing, within 15 days of registration.

## BEHAVIOR POLICY

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**All players, coaches, officials, parents, and spectators are required to adhere to the conduct policy of the Boys & Girls Club of Cabarrus County (see page 4).**

All players, coaches, officials, parents and spectators are expected to: Always show good sportsmanship, win or lose; learn the value of commitment to the team; realize athletic contests include practices and are educational opportunities and experiences; have fun!

There will be a **zero tolerance** policy for disruptive behavior at games and practices. This includes cursing; tobacco use, including e-cigarettes and vapes; alcohol use; yelling at officials, coaches, or supervisors; threatening behavior; or any other behavior deemed disruptive or unnecessary by any Boys & Girls Club staff member. Please remember we are here to teach, mentor, and provide enjoyment for the kids. We hold all coaches responsible for the behavior of spectators at games and practices.

## **CODE OF CONDUCT**

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Please refer to the Codes of Conduct shown below. The Boys & Girls Club takes these matters very seriously. Regarding your child's behavior, there is no one who can instill discipline in your child more than you. We appreciate your support in this endeavor, however, the Club reserves the authority to administer appropriate forms of punishment for inappropriate behavior that is in the best interest of the individual and the Club.

### **YOUTH CODE OF CONDUCT**

It is part of the Club's mission to provide a fun, positive, and safe environment for all of its members during all of its programs. Please be advised that misbehavior by the youth members will not be tolerated and will be dealt with by the staff. Each instance of misbehavior will be judged on its own merit. The severity and frequency of the misbehavior will determine the way Club staff will issue consequences.

Among the behaviors that are unacceptable are: chewing gum, running (in areas not designated for physical activity), eating/drinking outside designated areas, "hanging out" in halls and restrooms, name calling/bullying, any form of physical contact, disrespectful attitude, not following staff directions, lewd conduct, using profanity, stealing, fighting, possessing illegal/dangerous items.

Among the consequences that may be issued by staff are: verbal warning; parent conference; time out; suspension from a room, area, or activity; temporary or permanent suspension from the Club. A suspension from the Club will result in the member being suspended from all Club activities during the length of the suspension. The Club's no refund policy also applies to instances when a child is suspended from Club activities.

Please be advised of the following: Youth are strongly discouraged from bringing any personal belongings to the Club. The Club is not responsible for lost or stolen items, nor is it bound to conduct inquiries in order to retrieve such items; however, the Club does reserve the right to search members' belongings when there is reasonable suspicion that he/she possesses something illegally.

### **PARENT CODE OF CONDUCT**

Club activities are designed for the fun and well-being of youth. All adults, as well as youth under their supervision, are required to:

- Conduct themselves in a respectful, sportsmanlike manner at all times
- Accept decisions of officials as being fair and called to the best of their abilities
- Support the coaches, players and officials
- Help teach the values of sportsmanship, ethical conduct, fair play and commitment

Criticism of players, opposing team or officials is not acceptable. Inappropriate or disrespectful language or conduct will not be tolerated. Club staff has the right to require any individual who is exhibiting such behavior to leave the premises of the Club sponsored activity temporarily or permanently, including any youth member associated with the individual exhibiting such behavior from its activities temporarily or permanently.

Any issues concerning children should be addressed with a full-time Club staff member. No adult should address an issue with a child other than his/her own concerning misbehavior or discipline.

Please be advised that NCGS 14-33(B)(9) states that any fan or player who assaults a sports official, coach, volunteer, or staff member could be fined and sentenced to up to 2 years in jail.

## **PRACTICE POLICY**

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There will be no practices allowed other than on assigned dates and times and only at the Boys & Girls Club. Failure to comply will result in immediate suspension of coach for the entire season. All players are required to attend every practice; however, if there are extenuating circumstances that prevent a child from practicing or playing in a game, please notify the head coach prior to the practice or game. Missed practices may result in loss of playing time in the following game. The head coach should notify the child's parent of this decision prior to the game. The Club has the right to rule on a coach's decision to reduce or revoke playing time.

## **GAMES**

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All games will be played at the Boys & Girls Club. Games will be held on Saturdays or on specified week nights. Game schedules will be provided by Athletic Director or child's coach. Schedules will also be posted on the Club [website](#).

## **COACHING REGULATIONS**

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Each team is limited to one coach and one assistant coach allowed at practices and games at all times. Failure to adhere to this rule will result in disciplinary actions taken by the Athletic Director. The Athletic Director and/or Assistant Athletic Director will be present at all practices and games. All coaches and officials are required to complete a background check.

## **DRAFT REGULATIONS**

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All players playing in a particular age division for the first time will be placed on teams through a draft process and will be held to the following guidelines:

- To be eligible for the draft, a player must be registered at least one day prior to the day of his age division's draft date and attend the draft "tryout" and/or mini camp in which coaches have an opportunity to evaluate all players.
- Players will be evaluated on skills day and then drafted by coaches.
- All players eligible for but not attending the draft "tryout" and/or mini camp will be placed on a team by pulling their names "from a hat". After the completion of the draft's final round, the team scheduled to have the next pick will receive the player whose name is first drawn from the hat, and so on.
- As long as the Club considers there to be an opening in the applicable league, a player may register on or after the date of the draft under the following conditions:
  - a. Must pay a \$10 late registration fee.
  - b. Each player will be placed on a waiting list.
  - c. A player who is returning to the same age division will be placed on his/her previous year's team only if there is an opening for that team. If that team is full, the player will be placed on the team that would be scheduled to have the next selection in the draft, provided that team is not full.
  - d. Once each team in an age division is full, no players will be added to that league.

Each team will be able to have one head coach's child as well as one assistant coach's child. If a head coach does not have a child, then the team is still only allowed to have one assistant coach's child. A coach is allowed one assistant. Coaches returning from last year must consider the coach's child as their automatic player on the team. Any other players must be drafted. A head coach cannot drop an assistant coach in order to get another coach's child. If a head coach returns to a team, but his child moves up, he is still only allowed to have one assistant coach's child.

## **TEAM ASSIGNMENT**

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- Players, who by age will be returning to the same age division as the previous year, will automatically return to his/her same team from the previous year. If a player is returning to an age division he has already played in, and his parent becomes a coach (head coach or assistant) of a different team in the same division, the player may switch to his parent's team only if the head coach of the player's original team agrees to release him.
- All players returning to the same age division from the previous year but who may have been on a team that has been dismantled by the Club will be randomly placed on other existing teams by pulling their names "from a hat". Players will be placed on specific teams under the following conditions:
  - A head coach's child will automatically be placed on his/her parent's team, except for the provision in Rule 1.
  - An assistant coach's child will automatically be placed on his/her parent's team, except for the provision in Rule 1. A team can have one assistant coach and his/her children will be automatically placed on that team. A head coach must declare the assistant coach to be eligible to have his/her children automatically placed on the team. A team shall have no more than 2 "automatic" players at any time, that includes over the course of registrations/seasons of 2 consecutive years. All other players must be drafted.
  - If a child of an assistant coach has been declared as a team's "automatic" player and the assistant coach has not fulfilled his responsibilities/duties as an assistant coach, that player is ineligible to be an "automatic" for the duration of his playing years at the Boys & Girls Club.
  - Legal siblings will be placed on the same team provided their parent/guardian can provide legal documentation that they are siblings upon request.
  - Carpooling is not an acceptable reason for placing players on specific teams.

## **TEAM PARENT POLICY**

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- One Team Parent is allowed per team.
- Team Parent must pass background check.
- Team Parent is allowed to ask for no more than \$30 per child per sport season to cover cost of optional items such as trophies, team socks, t-shirts, decals, accessories, jersey printing, end of year party/banquet, etc.
- All money collected from parents must go directly toward such items.
- It is suggested for the Team Parent to submit a memo to parents at the beginning of the sport season itemizing plans for the money.
- No child may be excluded from any team activities because of the inability to pay for them.

## **AGE CUTOFF DATE**

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We follow the policy of Cabarrus County Schools. Our age cutoff date is August 31st. Players no younger than one year below the minimum age requirement in a certain age division may play in an older age division with his/her parent's permission and the approval of the Club. A player can play in only one age division per year. The Club reserves the right to prohibit a child from playing because of safety issues.

## **FLAG FOOTBALL**

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### **FLAG FOOTBALL LEAGUE DIVISIONS**

Co-Ed Divisions (boys & girls) ages 5-12. No player can turn 13 on or before August 31 of the current year.

### **FLAG FOOTBALL RULES**

- Games will be played on a smaller size field (not 100 yards) based upon child's age group.
- A team shall consist of 10-12 players (7 on the field at a time).
- Each child will be required to participate in at least the minimum required playing time per half.
- Field size will be determined by age group.
- There will be 1 practice per week. Games will be played on Saturdays or on specified weekdays. Schedules will be provided by Athletic Director or child's coach.
- All returning and new players and parents must attend applicable draft and mandatory parent meeting.
- League age groups subject to change depending on registration numbers.

## **VOLLEYBALL**

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### **VOLLEYBALL LEAGUE DIVISIONS**

Co-Ed Divisions (boys & girls) ages 5-14. No player can turn 15 on or before August 31 of the current year.

### **VOLLEYBALL RULES**

- Each match is a best of 3 games series. First two games are rally score to 25 (win by 2). Game three (if necessary) will be to 15 (do not have to win by 2).
- Athletic shoes are required. Knee/elbow pads are not required but are encouraged.
- A team shall consist of 10-12 players (6 play at a time). If there are not six players present at the start of the game a team may play shorthanded, however every time the missing player would come up to serve, a side-out will occur and a point/score will be awarded to the other team. Each team must have a least four players to begin match.
- When a team rotates to serve, the player who served the previous turn must come out of the game. If there are substitutes, they must enter in the center-back position only.
- Net heights are to be determined for each age group.
- Leagues will adhere to NCHSAA volleyball rules.
- There will be 1 practice per week. Matches will be held on Saturdays. Schedules will be provided by Athletic Director or child's coach.
- All returning and new players and parents must attend applicable draft and mandatory parent meeting.
- League age groups subject to change depending on registration numbers.

# **BASKETBALL**

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**BASKETBALL LEAGUE DIVISIONS** Players will be divided into the following age divisions:

## **CO-ED DIVISION (BOYS & GIRLS)**

- 5-6 Co-Ed Division (No player may turn 7 on or before August 31 of the current year)

## **BOYS DIVISIONS**

- 7-8 Boys Division (No player may turn 9 on or before August 31 of the current year)
- 9-10 Boys Division (No player may turn 11 on or before August 31 of the current year)
- 11-12 Boys Division (No player may turn 13 on or before August 31 of the current year)

## **GIRLS DIVISIONS**

- 7-9 Girls Division (No player may turn 10 on or before August 31 of the current year)
- 10-12 Girls Division (No player may turn 13 on or before August 31 of the current year)

**BASKETBALL PLAYING TIME** The following rules apply to all age groups:

- Each child plays either the entire 1st quarter or 2nd quarter (unless a medical condition or injury prevents this).
- In the second half, each child plays at least 4 consecutive minutes in either the 3rd or 4th quarter.
- If a team has 9 players or less, the head coach may choose 1 player to play the entire first half.
- If a team has 11 players or more, each player is promised no less than one entire quarter of playing time in first three quarters.
- There will be 1 practice and 1 game per week. Game schedules will be provided by Athletic Director or child's coach.

## **SPECIAL BASKETBALL RULES**

All age groups and leagues play four 8-minute quarters. The clock only stops for time outs and free throws except during the last minute in each quarter, then the clock stops on each dead ball (out of bounds, fouls, infractions, time outs, etc.). We follow basic high school rules for basketball with the following special regulations for each age group and league:

- 5-6 Co-Ed league plays on 8' goals. The defense must stay in the lane at all times.
- 7-8 Boys league plays on 8' goals. The defense can full-court press only during the last 2 minutes of each half. When a team has a 10 point lead or more, the defense must stay inside the 3-point line. When a team has a 20 point lead or more, all defenders must keep at least one foot in the lane.
- 9-10 Boys league plays on 10' goals and follows same defensive rules as 7-8 boys.
- 11-12 Boys league plays on 10' goals. The defense can full-court press at all times unless they have a 10 point lead or more. When a team has a 10 point lead or more, the defense must pick up at half court. When a team has a 20 point lead or more, all defenders must keep at least one foot in the lane.
- 7-9 Girls league plays on 8' goals. Defense must remain inside the 3-point line at all times except for last 2 minutes of each half. They may press then unless they have a 10 point lead or more where they must keep at least one foot in the box.
- 10-12 Girls league plays on 10' goals and follows the same defensive rules as 7-8 and 9-10 boys.



## IMPORTANT DATES TO REMEMBER

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July 22	Flag Football Registration Begins
September 6	Labor Day-NO ATHLETIC EVENTS
October 16	BGC 75th Anniversary Carnival - everyone is invited! <ul style="list-style-type: none"><li>• <i>Games will be played as scheduled</i></li></ul>
October 21	Basketball Registration Begins
November 11	Veterans Day-NO ATHLETIC EVENTS
November 25-26	Thanksgiving Break-NO ATHLETIC EVENTS
December 20-January 3, 2022	Holiday Break-NO ATHLETIC EVENTS
January 17	MLK Holiday-NO ATHLETIC EVENTS
February 17	Volleyball Registration Begins
March 16-18	Pancake Days-NO ATHLETIC EVENTS
April 15-22	Spring Break-NO ATHLETIC EVENTS
May 30	Memorial Day-NO ATHLETIC EVENTS

## CONTACT INFORMATION

704-721-CLUB (2582)

<u>NAME</u>	<u>EXTENSION</u>	<u>EMAIL</u>
Athletic Director	244	<a href="mailto:jdavis@bgclubcab.org">jdavis@bgclubcab.org</a>
Front Desk	104	<a href="mailto:frontdesk@bgclubcab.org">frontdesk@bgclubcab.org</a>
Joe Habina, Director of Operations	171	<a href="mailto:jhabina@bgclubcab.org">jhabina@bgclubcab.org</a>

### BOYS & GIRLS CLUB OF CABARRUS COUNTY

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WEBSITE: [www.bgclubcab.org](http://www.bgclubcab.org)

## FOLLOW US ON SOCIAL MEDIA

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