Boys & Girls Club of Cabarrus County

## Summer Program Parent Packet

## 16 Important things to know on your first day in the Summer Program!

- 1. OPERATING HOURS 7:30 am to 6:30 pm. No drop off before 7:30 am / no pick up after 6:30 pm.
- 2. MORNING DROP-OFF / PARKING Child drop off is permitted in the morning only. Parents who wish to drop their kids off will keep right and pull through the drop-off area to let their kids out. Kids must exit from the right-hand side of the car and will enter the building unescorted. CARS ARE NOT ALLOWED TO PARK IN THE DROP-OFF LANE. Parents wishing to walk their kids inside will keep left and continue to the parking area.
- 3. **AFTERNOON PICK-UP / PARKING** ALL CARS MUST PARK IN THE LINED PARKING SPOTS and parents must enter the building and report to Club Central to pick up their children. Cars are not allowed to park or stop anywhere outside of the lined parking spots. Drivers violating this policy risk having their children suspended from the program.
- 4. **GROUP LETTERS** Find out your Group Letter (A-L) on the boards down the hallway to the left of the front desk. You may also check with staff.
- 5. <u>CHECK-IN</u> All children arriving before 8:30 am will report to the Snack Room (Game Gym for the first 2 days) for lunch count before going to Home Room, whether they are ordering a lunch or not. Children arriving after 8:30 am will check in at Club Central on the second floor.
- 6. <u>HOME ROOM</u> Home Room assignments are listed on the back of this paper. This list will also be posted at the top of the stairs.
- 7. <u>THE LUNCH COUNT</u> Children must be present in the Snack Room before 8:30 am to be counted for lunch. **Phone orders will not be accepted**.
- 8. **LUNCHES/SNACKS FROM HOME** Should be placed in the designated Group bin in the Snack Room. Children may pick up their belongings in the Snack Room in the afternoon.
- 9. **SNACK/LUNCH MENU** Substitute items will not be provided for any reason. Children are not allowed to take home snacks in the afternoon unless it is their groups scheduled snack time.
- 10. **FIELD TRIPS** Take home a copy of the Field Trip / Camp Spencer schedule and carefully read all information about your child's trips. Field trips start on Tuesday, June 18 for Group F. Camp Spencer starts on June 19 for Groups A and E.
- 11. **FOOTWEAR** Make sure your child has on proper footwear for playing. No flip-flops, please.
- 12. **WATER BOTTLES** Children are not allowed to carry drinks or water bottles around the Club. Unfortunately, too many messes result from them.
- MEDICATION Should be turned in to Club Central staff on the second floor.
- 14. **SWIMMING AT CAMP SPENCER** Children must have a dry change of clothes to be able to swim at Camp Spencer. Children are not permitted to use shorts of any kind as swimsuits. Children will change swim clothes in areas designated for only BGC members: one room for boys, one room for girls. Be advised that the changing area is a single, open room accessible to a large group of children. Private, individual changing rooms are not available.
- 15. <u>CAMP SPENCER</u> Children returning from Camp Spencer must report inside the building before leaving with a parent. Parents are not allowed to take their children directly from the bus.
- 16. **THE MIDDLE SCHOOL GROUP (LIONS)**: Will report to the BG Club every morning and be transported to the Kerr St. location at 9 a.m. The group will return to the Club at 5 p.m.

Kerr St. Address: 405 Kerr St. Concord, NC 28025



Antelopes Homeroom: Junior Game Room



Bears Homeroom: Junior Multi-Purpose Room



Colts Homeroom: Senior Learning Center



Dawgs Homeroom: Senior Tech Center



Eagles Homeroom: Senior Multi-Purpose Room



Falcons Homeroom: Senior Game Room



Gulls Homeroom: Senior Game Gym

Hawks Homeroom- Senior Entertainment Center



Lions Homeroom: Senior Practice Gym

Homercom\_Senior Practice Gym (1).png (400 x 672)

Fruit Cocktail	Fruit Cocktail	Peaches	Pear Slices	Apple Sauce	Fruit (2 oz.)
Wheat Roll	Wheat Roll	Wheat Roll	¥heat Roll	Wheat Roll	Bread (1 oz.)
Green Beans	Green Beans	Com	Carrots	Mash Pot	Vegetable (4 oz.)
Chichken Fingers	Baked Spaghetti	Chichken Fingers	Corn Dog Nuggets	2 oz. Chop Steak	Entrée (2 oz.)
Lunch	Lunch	Lunch	Lunch	Lunch	
mixed fruit cup (1/2 cup)	diced fruit cup (1/2 cup)	2 bags of apple slices	mixed fruit cup (1/2 cup)	diced fruit cup (1/2 cup)	
honeybun (2.5 oz.) CN	cereal (1 oz.) CN	pop tart (3.6 oz.) CN	cereal (1 oz.) CN	muffin (1.8 oz.) CN	
8 oz. milk	8 oz. milk	8 oz. milk	8 oz. milk	8 oz. milk	
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
Friday	Thursday	Wednesdag	Tuesdag	February	
		Club Yeek "B"			
Fruit Cocktail	Fruit Cocktail	Peaches	Pear Slices	Apple Sauce	Fruit (2 oz.)
Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll	Bread (1 oz.)
Green Beans	Carrots	Com	Green Beans	Mash Pot	Vegetable (4 oz.)
Chichken Fingers	Corn Dog Nuggets	2 oz. Chop Steak	Pizza	Chichken Fingers	Entrée (2 oz.)
!	!	!	!	!	
Lunch	Lunch	Lunch	Lunch	Lunch	
mine a main dap ( mr dap)	os a mais dap (me dap)	n code of approximate	mine a mare dap (mr dap)	aroca man oap (mr oap)	
Third fruit cup (1/2 cup)	3 2 5	2 hade of apple clices	Bined fruit cup (122 cup)	dicad (mit cup (1/2 cup)	
honeybun (2.5 oz.) CN		pop tart (3.6 oz.) CN	cereal (1 oz.) CN	muffin (1.8 oz.) CN	
8 oz. milk	8 oz. milk	8 oz. milk	8 oz. milk	8 oz. milk	
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
Friday	Thursday	Wednesdag	Tuesdag	Monday	
		Club Veek "A"			
	2019	<b>Revised 6/10/2</b>	Revi		
	al Schedule	Summer Food Program Meal	Summer Foo		

Afternoon snack and drink offered daily at the Club. Items will vary.

		The	Lunch		Breakfast	Monday	
Field		The same lunch as served at the Club, alternating between weel	Lunch	The same breakfast as sei	Breakfast	Tuesday	
Field Trip Lunches		ub, alternating between week	Lunch	 The same breakfast as served at the Club, alternating b	Breakfast	Wednesdag	For Camp Spencer
		k A and week B (Meals will be unitized)	Lunch	between week A and week B	Breakfast	Thursdag	
		be unitized)	Lunch	W	Breakfast	Fridag	

The same lunch will be served to all kids going on field trips on based on the day of the week.

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	sliced apples (2 oz.)	mixed fruit cup (1/2 cup)	butter & jelly sandwich (CN)	5.6 oz. whole wheat peanut	8 oz. milk	Lunch	Monday, Vednesday, Friday	These lunches will not be provided if the held trip includes lunch [examples: Ci-Ci's Pizza and
	sliced apples (2 oz.)	diced fruit cup (1/2 cup)	butter & jelly sandwich (CN)	5.6 oz. whole wheat peanut	8 oz. milk	Lunch	Tuesday, Thursday	amples: CFCi's Pizza and Frye's Skating Hink includes lunch in the trips.)

## Important Information

If the club is closed for a day, that meal day will be skipped (July 4th)

Your child must be at the club before 8:30am each morning if you choose to have them eat the vended lunches.

We **WILL** provide a small lunchable in place of the PB&J sandwich on field trips for children with peanut allergies only. This must be documented. Allergies: We do not provide alternate meals for children with allergies. Please pack your child's lunch if you are concerned with the menu items

This menu is subject to change depending on State recommendations, food availability andfor preferences of the children.

If you have any questions, please contact Mark Tracy at mtracy@bgclubcab.org or 704-721-2582 extension 106

DOYS	a Gii	13 Ciu	b Summer	1 109	, am				
<u>Day of</u> <u>week</u>	<u>Date</u>	Group	<u>Event</u>	Bus leaves	Bus returns	Apply sun screen?	May bring extra \$?	Bring uater buttle?	Notes
Week of	June 18-2	A, E	Camp Spencer	8:2 <b>0</b>	4:30	Yes	No	Yes	Bring swim gear and dry set of clothes.
Mon.	Jun. 17	OPENING	DAY, No Camp Sp		n Openi	ng Day			
Tues.	Jun. 18	В	Gem Theatre/Ci Ci's	9:00	2:00	No	No	No	Lunch at 12:00. Can't take own food in restaurant
Wed.	Jun. 19	С	Star 14 movie/Park	8:45	2:30	Yes	No	Yes	Starlight 14/lunch at Reedy Creek Park
	Jun. 19	F, G, H, L	Basketball camp at Club Car.Mall movie/Park	TBD	TBD	No	No	No	Wear athletic shoes. Drinks provided.
Thurs.	Jun. 20	D	Visit  Basketball camp at	9:00	2:30	No	No	No	Movie. Lunch at Frank Liske Park
	Jun. 20	F, G, H, L	Club	TBD	TBD	No	No	No	Wear athletic shoes. Drinks provided.
Fri.	Jun. 21	L	Kann. Rec. Park	11:00	3:45	Yes	No	Yes	Need swim gear, clothes to cover full swim suit
Waak of	June 24-	B, F	Camp Spencer	8:2 <b>0</b>	4:30	Yes	No	Yes	Dring quire goes and do not of elethon
Week of	28 Jun. 24	Α	Xtreme Play	9:45	3:00	No	No	No	Bring swim gear and dry set of clothes.
Mon.	Jun. 25	G	Gem Theatre/Pizza	9:00	2:00	No	No	No	Child must wear socks. Play on inflatables  Lunch at 12:00. Can't take own food in restaurant
Tues.	Jun. 26	Н	Star 14 movie/Park		2:30	Yes	No	Yes	
Wed.	Jun. 27	E	Car. Mall movie/Pizza Hut	9:00	2:00	No	No	No	Starlight 14/lunch at Reedy Creek Park
Thurs.	Jun. 27	1	Car.Mall movie/CiCi		2:00	No	No	No	Lunch at 12:00. Can't take own food in restaurant Lunch at 12:00. Can't take own food in restaurant
		<del>                                     </del>		1	1	<del> </del>	<u> </u>	1	Lunch at 12.00. Can't take own lood in restaurant
eek of	Jul. 1-5	NO CAMP :	SPENCEP						
Mon.	Jul. 1	D	Xtreme Play	9:45	3:00	No	No	No	Child must wear socks. Play on inflatables
mon.	Jul. 1	G	npact Gym/Kan.Rec.Prk	9:00	3:45	Yes	No	Yes	Tumbling/Need swim gear, clothes to cover full swim st
Tues.	Jul. 2	С	Gem Theatre/Ci Ci's	9:00	2:00	No	No	No	Lunch at 12:00. Can't take own food in restaurant
1403.	Jul. 2	н	npact Gym/Kan.Rec.Prk	9:00	3:45	Yes	No	Yes	Tumbling/Need swim gear, clothes to cover full swim su
	Jul. 2	L	Starlight 14 movie	8:45	12:45	No	No	No	Starlight 14 movie. Lunch at Kerr St.
Wed.	Jul. 3	Α	Star 14 movie/Park	8:45	2:30	Yes	No	Yes	Starlight 14/lunch at Reedy Creek Park
	Jul. 3	F	Frye's Skating	9:45	3:00	No	No	No	Socks required. Hot dog lunch. Can't take own food into rink
Thurs.	Jul. 4	CLUB CL	OSED FOR INDEP	ENDENC	E DAY				<u> </u>
Fri.	Jul. 5	All	July 5th Cookout	NA	NA	Yes	No	No	Grilled hot dog lunch will replace Club's regular lund
leek of	Jul. 8-12	C, G	Camp Spencer	8:2 <b>0</b>	4:30	Yes	No	Yes	Bring swim gear and dry set of clothes.
Mon.	Jul. 8	Е	npact Gym/Kan.Rec.Prk	9:00	3:45	Yes	No	Yes	Tumbling/Need swim gear, clothes to cover full swim su
Tues.	Jul. 9	D	Gem Theatre/Ci Ci's	9:00	2:00	No	No	No	Lunch at 12:00. Can't take own food in restaurant
Wed.	Jul. 10	В	Star 14 movie/Park	8:45	2:30	Yes	No	Yes	Starlight 14/lunch at Reedy Creek Park
	Jul. 10	L boys	Kann. Intimidators	11:15	3:30	Yes	Yes	Yes	Baseball game, hot dog lunch
Thurs.	Jul. 11	F	Car.Mall movie/CiCi's	9:00	2:00	No	No	No	Lunch at 12:00. Can't take own food in restaurant
	Jul. 11	L girls	Spare Time at LKN	10:15	3:30	No	Yes	no	Includes bowling, pizza lunch, game card
		n #	Camp Spanson	8:2 <b>0</b>	4:30	Yes	No	Yes	<u> </u>
	Jul. 15-19	<b>D, Я</b>	Camp Spencer Village Park	10:15	2:45	Yes	No	\/	Bring swim gear and dry set of clothes.
Mon.	Jul. 15		Gem Theatre/Ci Ci's	9:00	2:00	No	No	No	Bring swim gear and towel for play in splash pad
Tues.	Jul. 16	G	Star 14	8:45	2:30	No	No	No	Lunch at 12:00. Can't take own food in restaurant
Wed.	Jul. 17	L	movie/CiCi's Frye's Skating	9:45	3:00	No	No	No	Lunch at 12:30. Can't take own food in restaurant
Thurs	Jul. 17	E	Frye's Skating	9:45	3:00	No	No	No	Socks required. Hot dog lunch. Can't take own food into rink
Thurs.	Jul. 18	-	71 you orduling	0.40	5.00			.10	Socks required. Hot dog lunch. Can't take own food into rink
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a group	is not pre	sent at th	ne Club during a re	gularly	schedul	ed snack t	time, the	group w	ill not participate in that snack time.
Children	n are not a	llowed to	opt out of field trip	os and s	tay at th	e club. Ch	ildren arı	riving aft	er group leaves for trip must either return ho
must b	e taken to	the cite o	of the field trip by t	he pere			- 1	- 1	

Bovs	& Girl	s Clul	Summer F	roar	am F	ield	Trips a	and E	vents, 2019
Day of	<u>Date</u>	Group	<u>Event</u>	Bus leaves	Bus	Apply	May bring	Bring uater	Comment
	July 22-26	A, E	Camp Spencer	8:20	4:30	Yes	No	Yes	Bring swim gear and dry set of clothes.
Mon.	Jul. 22	F	mpact Gym/Kan.Rec.Prl	9:00	3:45	Yes	No	Yes	Tumbling/Need swim gear, clothes to cover full swim suit
Tues.	Jul. 23	Н	Gem Theatre/Ci Ci's	9:00	2:00	No	No	No	Lunch at 12:00. Can't take own food in restaurant
Wed.	Jul. 24	F	Star 14 movie/Park	8:45	2:30	Yes	No	Yes	Starlight 14/lunch at Reedy Creek Park
Thurs.	Jul. 25	G	Frye's Skating	9:45	3:00	No	No	No	Socks required. Hot dog lunch. Can't take own food into rink.
Week of	Jul. 29-Ag.	2 B, F	Camp Spencer	8:2 <b>0</b>	4:30	Yes	No	Yes	Bring swim gear and dry set of clothes.
Mon.	Jul. 29	D	Village Park	10:15	2:45	Yes	No	Yes	Bring swim gear and towel for play in splash pad
Tues.	Jul. 30	Е	Gem Theatre/Ci Ci's	9:00	2:00	No	No	No	Lunch at 12:00. Can't take own food in restaurant
	Jul. 30	L	Car. Hall menir/GoldreCorral	9:15	2:00	No	No	No	Lunch at 12:00. Can't take own food in restaurant
Wed.	Jul. 31	G	Star 14 movie/Park	8:45	2:30	Yes	No	Yes	Starlight 14/lunch at Reedy Creek Park
Thurs.	Aug. 1	Н	Gem Theatre/Ci Ci's	9:00	2:00	No	No	No	Lunch at 12:00. Can't take own food in restaurant
		C, 6	Camp Spencer	8:2 <b>0</b>	4:30	Yes	No	Yes	
Week of	Aug. 5-9	В	Village Park	10:15	2:45	Yes	No	Yes	Bring swim gear and dry set of clothes.
Mon.	Aug. 5	L boys	+ -	9:30	2:30	Yes	No	Yes	Bring swim gear and towel for play in splash pad
Tues	Aug. 5	F	Gem Theatre/Ci Ci's	+	2:00	No	No	No	Nature program, sandwich lunch, expect to get dirty
Tues. Wed.	Aug. 6 Aug. 7	E	Star 14 movie/Park		2:30	Yes	No	Yes	Lunch at 12:00. Can't take own food in restaurant  Starlight 14/lunch at Reedy Creek Park
Thurs.	Aug. 7	н	Frye's Skating	9:45	3:00	No	No	No	Socks required. Hot dog lunch. Can't take own food into rink.
murs.	Aug. 8	L	Dave and Busters	10:30	2:30	No	Yes	No	Includes game card, video game play; lunch at Kerr St
Fri.	Aug. 9	L girls	Great Outdoors Univ.	9:30	2:30	Yes	No	Yes	Nature program, sandwich lunch, expect to get dirty
Week of	Aug. 12-14	D, H	Camp Spencer	8:20	4:30	Yes	No	Yes	Bring swim gear and dry set of clothes.
Mon.	Aug. 12	Α	Village Park	10:15	2:45	Yes	No	Yes	Bring swim gear and towel for play in splash pad
Tues.	Aug. 13	В	Xtreme Play	9:45	3:00	No	No	No	Child must wear socks. Play on inflatables
Wed.	Aug. 14	С	Xtreme Play	9:45	3:00	No	No	No	Child must wear socks. Play on inflatables
	Aun 14		Last Day of Progra	m					

or must b	n are not a	allowed to	** Children are not allowed to opt out of field trips and stay at the club. Children arriving after group leaves for trip must either return home	ps and	stay at t	he club. (	Children a	rriving af	ter grou	leaves for trip n
MOVIES	o macilia	O III C SIIC	MOVIES	and part	, and an	and their	- Indy	C to pay		atol die dib.
Gem					H 140ffre15	H			Summ	nmer Program Groups
Date	group	Movie			Date	dnove	Movie		A - Antoloper	(riving let-3rd gradous)
June, 18	В	Hotel Transylvania 3	wyania 3		Jun. 19	5	Puss in Boots	nots	B-Boarr	_
June, 25	G	Peter Rabbit	ir.		Jun. 26	Н	Turbo		C-Cale	(riving the 3rd graders)
July, 2	0	The Stat			Jul. 2	7	House with	House with Clock in WaD-Dauw	a D-Daugr	(riring tre-3rd gradors)
9 יווחף	D	The Emoji Movie	Movie		S Inc	řř.	The Lego	The Lego Balman Nicole-Englar	E-Eagler	(riring 4th-6th gradors)
July, 16	×	Smuris-Lost Village	rt Village		Jul. 10	В	Paddington 2	02	F-Falcon	(riring 4th-6th gradour)
July, 23	Н	Lego Allovie 2	2		Jul. 17	G	Despicable Nie 3	e Aste 3	G-Gullr	(riring 4th - 6th gradors)
July, 30	т	How to Trai	How to Train Your Etragon: Hidden	V'cold	Jul. 24	7	Lego Movie 2	We 2	H-Haukr	(riring 4th - 6th gradoss)
Aug.1	H	How to Trai	How to Train Your Etragon: Hidden	V'cold	Jul. 31	G	Smallfoor		L-Lian	(riring 7th - 9th graders)
Aug. 6	λ,	The Chinch			Aug. 7	J.	Captain Underpants	nderpants		
apdated	updated June 9, 2019	019								
					Carclina Mall	a Mall				
					Date	drong	Movie			
					Jun. 20	D	Smallfoor			
					Jun. 27	73	Spider-Ma	Spider-Man: Into the Spider-Verse	nider-Verse	
					Jul. 11	75	Goosehumps 2	njas 2		
					Jul. 30	7	Lean Movie 2	We 2		

## Summer Program Theme Weeks and Special Events

Week	Theme	What's it all about ?	Special Days	Fun Friday Activity
June 17-21	Safety Week	Daily activities based around being safe at Club, home, outside, etc.	It's not so much about safety but Groups F, G, H, L will get to participate in a basketball clinic. on Wednesday and Thursday. Wear your basketball shoes!	Safety Drills/Safety Celebration. The safest groups get a treat.
June 24-28	Construction	Daily activities based on building things; Daily Lego contests in the game rooms	We'll get visits from the construction workers building the addition to our building.	Construction Field Day - Building competitions between groups.
July 1-5	Stars and Stripes Week	Daily dress themes and activities based on patriotism and red/white/blue themes, etc.	<u>Tues.</u> - Dress to represent one of the military branches; <u>Wed.</u> Super hero Day; <u>Fri.</u> -Red, white and blue day.	5th of July Cookout (Hot dog picnic meal takes the place of the regular club lunch)
July 8-12	Throwback Week	Daily dress themes for different decades; Dance party celebrates oldies from previous decades	<u>Tues.</u> - 1980s style day; <u>Wed.</u> -1990s style day; <u>Thurs.</u> -2000s style day.	Throwback Dance Party
July 15-19	Fun & Fitness Week	Daily activities centered around sports, fitness, healthy living; Daily dress themes for different sports or teams (i.e. Panthers)	Tues Football/soccer style day; Wed Basketball/volleyball; Thurs Baseball/Track-Field day.	<u>Field Day</u>
July 22-26	Crazy Week	Who are our CRAZIEST, SILLIEST, WACKIEST groups? You'll get a chance every day to prove it with our Crazy Themes Days.	<u>Tues.</u> - Silly Socks Day; <u>Wed.</u> - Crazy Hair Day; <u>Thurs.</u> - Backwards/Opposite Day.	Crazy Outdoor Painting
July 29-Aug. 2	Hawaiian/Beach Week	Daily activities based on Hawaiian (luau) and beach (sand art) type activities	On Friday's Water Fun Day, come Dressed to Get Wet and bring a towel and sunscreen too.	Water Fun Day (have dry clothes to change into)
Aug. 5-9	Entertainment Week	Daily dress themes and activities based on performing arts.	<u>Tues.</u> - Dress like your favorite actor; <u>Wed.</u> - Dress like your favorite singer; <u>Thurs.</u> - Dress like a cartoon character	Entertainment Bonanza