Arts & Crafts and Life Skills

Ms. Cheri choward@bgclubcab.org



Week of May 4-8

Activity: Mothers Day Craft

Supplies Provided: Flowerpot and flower templet

Things needed at home: Glue, scissors

<u>Directions</u>: Color both the flower and the flowerpot. On each petal write one thing you love about your mother. On the flowerpot cut along the dotted line to create a hole to put your flowers through.







Activity: Scavenger Hunt

Supplies Provided: A list of items to look for at home

<u>Directions:</u> Look for the items that are on the list. Once you find all you can find take one photo of everything and email it to me. If you find everything that is on the list, you will win a prize deadline. May 15th at 12:00 noon. Prize is a HANDHELD WATER GAME OR A SKIP IT!

Items: A Pencil that has a pattern; A stuffed animal; A toy car wheel; Paper towel roll; A house phone; A pink crayon; A blue ink pen; A sports magazine; Bottle of Lysol; Brown paper bag; A pack of soy sauce; A cookbook; A digital camera; A family portrait

Activity: Zumba

<u>Directions</u>: Go to the website provided and participate in the Zumba workout *https://www.youtube.com/watch?v=FHo9QaJ1DyI*



Game Room

Ms. Cheri

choward@bgclubcab.org



Week of May 4-8

Activity:Mother's Day Memory

Supplies Provide: Square Mother's Day templet

<u>Directions:</u> Cut out the square photos and enjoy a fun game of Mother's Day Memory with mom.



<u>Activity</u>: I Spy <u>Directions:</u> Try to find all the items on your I Spy paper



Gym Gems Coach Davis

georgia4321@yahoo.com



Week of May 11th-May 15th Target Ball

Supplies provided in this packet: None.

<u>Things needed at home</u>: Plastic Ball, Tennis Ball, or other soft ball and a lawn chair (or another type of chair or something that can serve as a target).

Directions:

Set the lawn chair up and take 5 long steps. Mark the spot... this will be your pitching mound. Work on your ability to throw the ball accurately... If playing with a partner, retrieve your ball and throw it gently back to your friend. As your aim improves, work on the velocity (speed) of the throw. After practicing for a couple of days, you can throw from different places and assign point values for the throws. You're now on your way to the Big Leagues.



Technology Center

Ms. Williams twilliams@bgclubcab.org



Week of May 11 - May 15

Cannon Basketball

INSTRUCTIONS

Move your mouse to aim your cannon and click to launch your basketball. Click farther away from the cannon to make your shot more powerful.

Directions:

- Visit this website: <u>https://www.coolmathgames.com/0-cannon-basketball</u>
- Click on game and advance through the levels, practicing your aim.

Learning Center

Ms. Williams twilliams@bgclubcab.org



Week of May 11-May 15

Castle & Catapult Stem

https://thestemlaboratory.com/



Supplies provided in this packet:

- Cup
- Castle cut out
- Tree Cut out

• Projectile - Marble (use anything else you find around the home such as wadded paper, pinto bean, etc.

Things needed at home:

• Your catapult from last week

Goal: Using the catapult, try to make it into the cup.

Directions:

Set up:

- The cup must sit in front of the castle door
- The tree must be between the catapult and the cup.
- You determine how far to place the objects from each other. Remember the cup must be next to the castle.

Goal:

• Launch the projectile over the tree into the cup

Reflection-Write your reflections on the note cards:

- Talk about how a design change affected your catapult. (Height, distance or moving the bundle of sticks closer to the launching pad, loosen the rubber band on the hinged sticks and pressing softer or harder on the launching pad)
- Talk about what adjustments you had to make with the tree and the cup. (How close or far away from the castle did you have to be.

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Save and Submit

• Upload your image and your observations to twilliams@bgclubcab.org no later than Friday, May 15th, 2020. Please include your first and last name.