

Virtual Club Seniors (3rd-5th)

Week of: June 8 - June 12

VIRTUAL CLUB CONNECTION

PARENTAL PERMISSION SLIP

If you haven't already, please complete the yellow parental consent form and return to the activity table at the Club 5:30-6:30 weekdays. Students cannot participate in Zoom classroom meetings without this consent.

VIRTUAL CLUB PACKET INSTRUCTIONAL VIDEOS

Please subscribe to our YouTube page: <https://www.youtube.com/user/BGCofCabarrusCounty> to access fun videos that explain some of the weekly packet activities and provide visual instruction. New videos are posted each Friday as new packets are distributed.

ZOOM CLASSROOM SESSIONS

Starting Tuesday, May 26th, our program directors will be hosting daily Zoom meeting activities to provide kids with an opportunity to connect live with staff and other Club kids. Parental consent forms must be provided. Zoom meeting links and passwords will be sent via email once consent has been received. You will receive a new link and password each week.

ZOOM MEETINGS	M	T	W	TH	F
3:30-4PM K-2nd Grade	COACH BREEZY	MS. WILLIAMS	MS. CHERI	COACH DAVIS	↑ NO ZOOM MEETINGS ↓
4:30-5PM 3rd-5th Grade	MS. CHERI	COACH BREEZY	COACH DAVIS	MS. WILLIAMS	
5:30-6PM Middle School					

We miss you and hope you and your families are safe and healthy. We hope these new opportunities allow us to reconnect with you the best we can during these times.



Arts & Crafts

Ms. Cheri

choward@bgclubcab.org



Activity: Paper Spinner

Supplies Provided in this Packet: String, Cardboard box, Illusion patterns

Things needed at home: Scissors, Glue

Directions: Cut out one illusion and glue it on the cardboard. Cut out that same illusion that was glued to the cardboard so the pattern has a thick base. Glue the second illusion on the other blank side of cardboard. With a small instrument (sharp item) poke 2 small holes in the center of the pattern side by side. Take the string and put it through one hole. Then take the other end of the string and put it through the other hole. Pull the string so that there's an even amount on both sides. Tie the open side in a knot. Hold both sides of the string and spin your spinner as fast as you can then watch it unravel. First 2 people to send me an e-mail of your completed spinner will win a glow stick.

If you have trouble understanding the instructions, here is a video link:

<https://www.youtube.com/watch?v=bZ8PSHMOXps>





Life Skills

Ms. Cheri
choward@bgclubcab.org

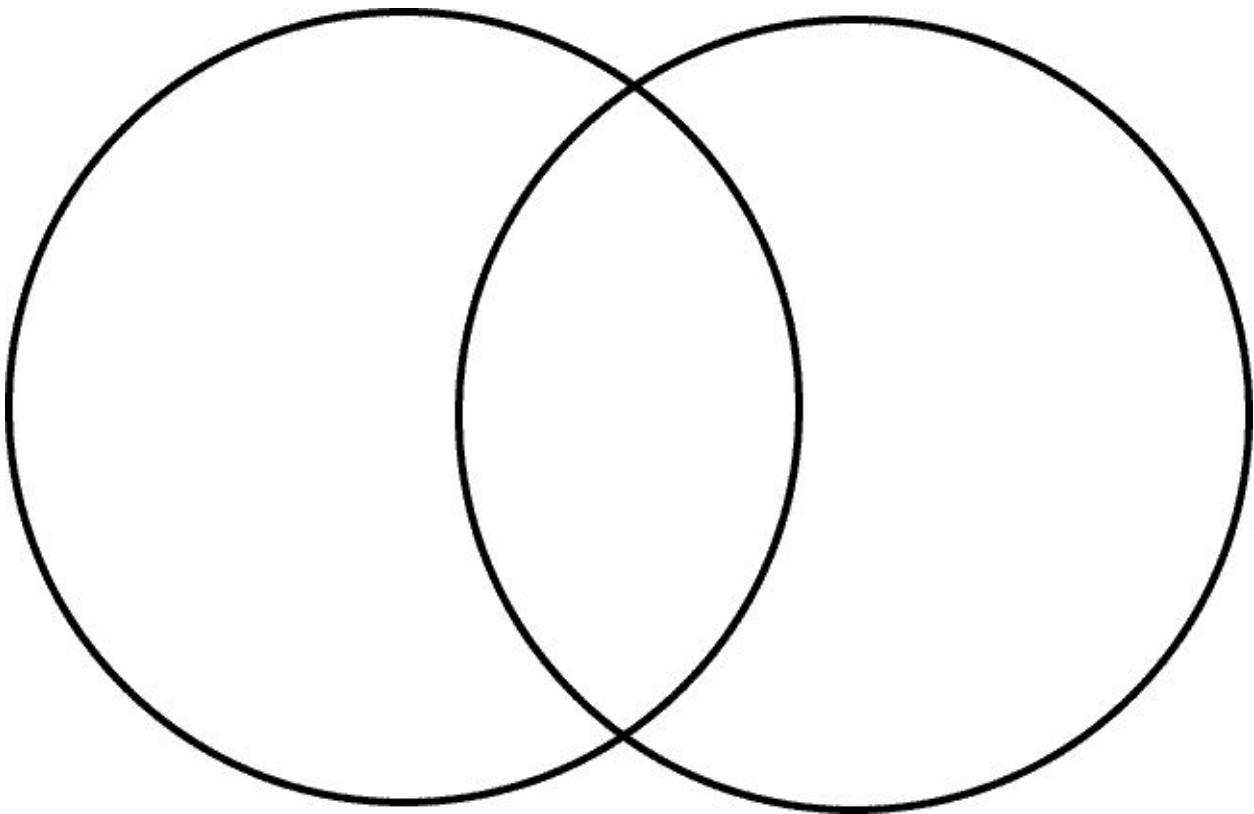


Activity: Self Reflection

Supplies Provided in this Packet: Self Evaluation Worksheet

Things needed at home: Writing utensil

Directions: Think about the beginning of the current school year you are about to finish. Think about the current times we are living in now. Think about your future goals you have for your upcoming school year. On the left side talk about how you felt when you started at the beginning of the school year. In the middle talk about how things are with everything being viral, and you being isolated from your friends. On the right side talk about how you want next school year to start and changes you want to see within yourself.



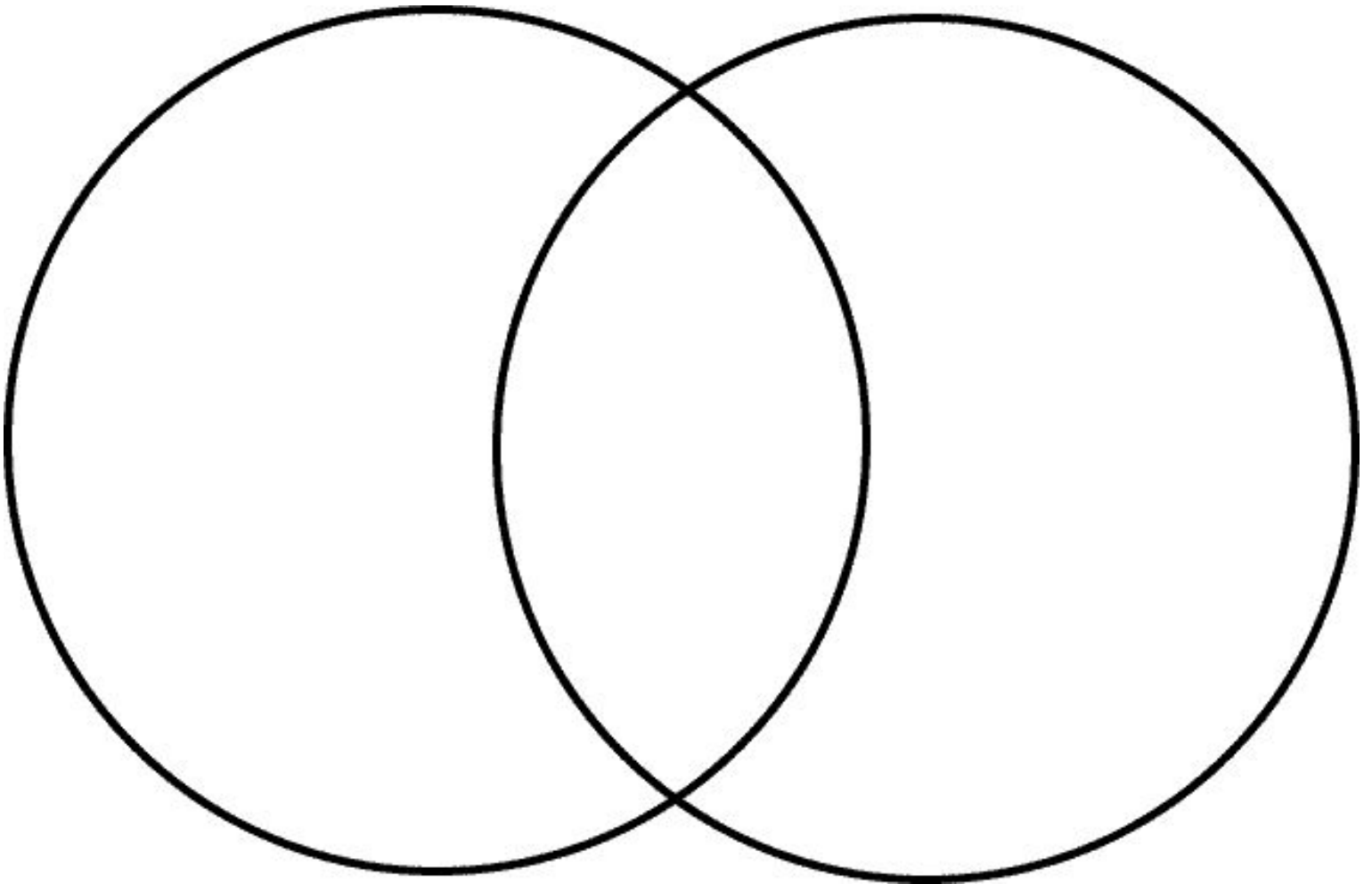
Self Reflection

Wow! This school year has really been the definition of a roller coaster. Let's compare then, now, and your future.

Beginning

Now

Future



Learning Center
Ms. Williams
twilliams@bgclubcab.org



Activity: The World's Smallest Waterslide



Provided in this packet:

- Straws
- Cups
- Popsicle sticks
- Play-Doh
- Paper Tube
- A container to catch the water as it's poured down the slide

Things needed from home: These are suggestions of materials you can use

- Aluminum foil
- Tape
- Paper Towel or cloth
- Notebook paper
- Water

Goal: To understand that some scientists work to create complex things that can't be seen with a traditional microscope.

Directions:

Step 1: Go to website Visit: <https://myfuture.net> sign up or log in as a **MyFuture.Net**

- In the upper right-hand corner, Click on **Programs**
- On the left side, Click on **DIY STEM** in your left hand corner
- Click on **Create**
- Click on **The World's Smallest Waterslide**

Step 2: Using the supplies listed, build a small waterslide, no more than 6 inches tall. The water should be able to move down the slide.

Step 3: Follow direction Steps 1-5

Reflection:

What would you need to make your waterslide even smaller?

When in the real world would you need to make something as small as possible?

Where there other supplies you could have used

Save and Submit:

After logging your answer in your logbook, take a picture of your logbook, and the waterslide and email them to: twilliams@bgclubcab.org no later than Friday, June 12, 2020. **Please include your first and last name.** Also, submit your waterslide online and notify staff that you have completed the activity. The winner will receive a bag of fun goodies!



Technology Center

Ms. Williams

twilliams@bgclubcab.org



Activity: Try an Hour of Code: Dodo Math Computer Coding

Supplies provided in this packet: N/A

Items needed from home:



Computer



Wi-Fi Internet

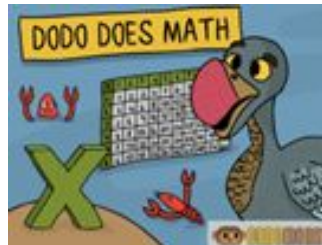


Pencil & Paper

Instructions:

- Visit: <https://myfuture.net>
- Either sign up or log in as a **MyFuture.Net** member
- In the upper right-hand corner, Click on **Programs**
- On the left side, Click on **Computer Science**
- Click on **Try an Hour of Code**
- STEP 2 Get Started Coding **Go to the Hour of Code activities page**
- Select **grade 2-5** and **Comfortable**
- Click on **Dodo Does Math**

Save and Submit:



Gym Gems
Coach Davis
georgia4321@yahoo.com



Activity: Virtual Soccer

Supplies Provided: N/A

Things needed at home: A GREAT IMAGINATION

Directions: Find a partner. Keep 6 feet apart while talking and playing. As always, the youngest player goes first. Remember, you have a “Shadow Ball” and will be playing “Pantomime” Soccer skills with your partner. Complete the following Medal Challenges by scoring as many points possible in order to improve your soccer skills.

Bronze Medal Challenge:

Do 5 toe taps of the ball and then pass the ball to your partner = 1 point.

Your partner MUST “trap” the ball, do 5 toe taps on top of the ball and then pass it and you have to “trap” the ball... that equals another point.

You have :60 to complete and score as many points as possible. READY, SET, GO!!!

Silver Medal Challenge:

Toss the ball in the air, tap the ball up using your head 4 times and head the ball to your partner... that's 1 point.

Your partner taps the ball up using their head 4 times and heads the ball back to you... That's another point.

You have :60 to complete and score as many points as possible. READY, SET, GO!!!

Gold Medal Challenge:

Juggle the ball 6 times without using the same body part twice in a row and pass the ball to your partner... That's 1 point.

Your partner will juggle the ball 6 times without using the same body part twice in a row and will pass the ball back to you... That's another 1.

You have :60 to complete the Challenge and score as many points as possible.

READY, SET, GO!!!!



Activity Room
Coach Breezy
rmason@bgclubcab.org



Activity: Paper Gliding Airplane

Supplies provided: Piece of paper

Things needed at home: None.

Directions: Follow the [YouTube link](https://www.youtube.com/BGCofCabarrusCounty) (<https://www.youtube.com/BGCofCabarrusCounty>)

for the visual on how to make a paper gliding airplane using the paper provided make a gliding airplane. Have someone film your airplane in action, and send the video to Coach Breezy. The person with the best glide will win a water gun!



Game Room
Coach Breezy
rmason@bgclubcab.org

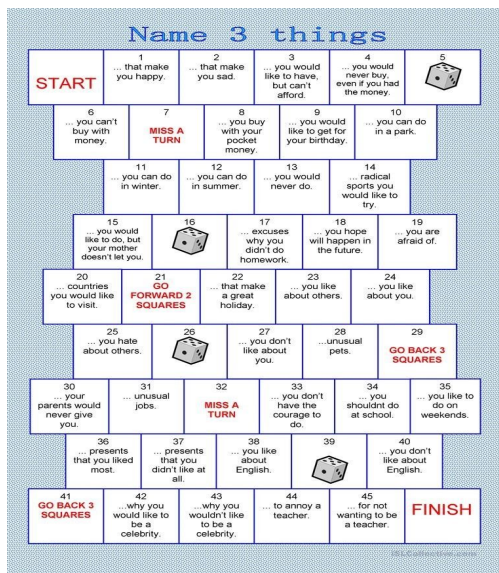


Activity: Board Games

Supplies provided: Card stock game board shown below.

Things needed at home: Go to YouTube link to see diagram of how to make homemade dice.

Directions: After you have made your home made dice, you will need to find two small game pieces. 2 pennies will do. Play a simple game of rock, paper, scissors to see who goes 1st, roll the dice and name 3 things about the comments in the space you land on. If you land on a box with a 5 on it you must roll a 5 before you can leave that space.



<http://www.youtube.com/BGCofCabarrusCounty>