Arts & Crafts and Life Skills

Ms. Cheri choward@bgclubcab.org



Week of May 18-22

Activity 1: Tennis Racket

Supplies Provided: 2 plates, 2 wooden sticks

Things needed at home: Glue, coloring utensils

Directions: Color the inside of your 2 plates & decorate them however you like.





Activity 2: Pasta Jewelry

Supplies Provided: Color Pasta, String

<u>Directions:</u> Make your own necklace with the pasta, or you could make 2 bracelets by cutting the string in half.





Games Room

Ms. Cheri choward@bgclubcab.org



Week of May 18-22

Activity 1: Balloon Tennis

<u>Supplies Provided:</u> Balloon, and the tennis racket that was created.

<u>Directions</u>: The reason 2 tennis rackets were made was so a family member could join in on the fun.

<u>Challenges:</u> Hit the balloon back and forth count each time the balloon is hit and see how high you can count before the balloon hits the floor; take turns hitting the balloon in the air to see who can make the balloon go the highest.



Activity 2: Bingo on the Go!

<u>Directions:</u> Most of the time we just hop in the car and ride. Now you can ride with purpose as you get more familiar with your surroundings. Every time you see or pass one of the places or objects on your Bingo Board mark it off. Set a family goal for the winning prize. Example: Whoever covers their board first gets to choose lunch for the family one day.

Technology Center

Ms. Williams

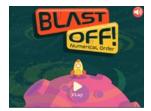
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Week of May 18-22

Activity: Blast Off

Blast off with Numerical Order, a fun elementary computer activity for kids to use at home. You can practice number sequences by arranging numbers in ascending order. Numbers are presented in sets of ten and the difficulty can be adjusted by selecting a level before playing. Help collect all the space rocks and become the hero this space city needs!



Directions:

- Visit this website: <u>https://www.abcya.com/games/numerical_order</u>
- Click on game and follow the verbal prompts.

Learning Center

Ms. Williams

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Week of May 18-22

Activity: Stem Rocket



Directions: Visit: https://buggyandbuddy.com/straw-rockets-with-free-rocket-template/

This activity makes a great science exploration and a great addition to a unit on physics, space, the night sky, or things that fly.

Supplies provided in this packet:

- 2 Rockets
- 2 Large Straws
- 2 Small Straws

Things needed at home:

- Scissors
- Tape or glue sticks
- Coloring pencils, markers or crayons

<u>Set up:</u>

- Color the rockets and cut them out
- Attach straw to the back of a rocket using tape or glue dots.
- Just make sure the straw is wider than the other straw you'll be using for launching. Tape one end of the small clear straw shut so it's completely sealed. Attach it to your rocket with glue dots or tape with the sealed end toward the nose of the rocket.
- Slip the striped straw into the large straw, and you're ready to launch!



Reflection:

- How did the different angles of the straw affect the distance the rocket travels?
- How did adding fins or folding the rocket in different ways affect its flight?
- Try out different angles and record the results.

Save and Submit:

Upload a photo of your rocket and your observations to <u>twilliams@bgclubcab.org</u> and <u>mtracy@bgclubcab.org</u> no later than Friday, May 22, 2020. **Please include your first and last name**.

Gym Gems

Coach Davis

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Week of May 18-22

Activity: French Skipping

Supplies provided in this packet: Jump Rope

Things needed at home: Two Chairs

Directions: Wrap the Jump Rope around the front two legs of each chair,

making a rectangular or square design. The rope should be slightly off the

surface of the ground. Create unique jumping patterns by jumping over, on,

inside the ropes. Here's a video to help see different patterns and

suggestions: <u>https://www.youtube.com/watch?v=MOEIUrala98</u>

