

Virtual Club Juniors (K-2)

Week of: July 20 - July 24

VIRTUAL CLUB CONNECTION



ZOOM CLASSROOM SESSIONS

Don't forget our Program Directors continue to host daily Zoom meeting activities. Parental consent forms must be provided. If you haven't already, please complete the yellow consent form and return to the activity table at the Club 5:30-6:30 weekdays.

Zoom meeting links and passwords will be sent via email once consent has been received. You will receive a new link and password each week. Zoom meetings will continue through the end of July.

VIRTUAL CLUB PACKETS and INSTRUCTIONAL VIDEOS

We will continue to provide Virtual Club packets weekly through the end of July.

Please subscribe to our YouTube channel: <https://www.youtube.com/user/BGCofCabarrusCounty> to access fun videos that explain some of the weekly packet activities and provide visual instruction. New videos are posted each Friday as new packets are distributed.

ZOOM MEETINGS	M	T	W	TH	F
3:30-4PM K-2nd Grade	COACH BREEZY	MS. WILLIAMS	MS. CHERI	COACH DAVIS	↑ NO ZOOM MEETINGS
4:30-5PM 3rd-5th Grade	MS. CHERI	COACH BREEZY	COACH DAVIS	MS. WILLIAMS	FUN FRIDAY CARnival DRIVE-THRU + PACKET PICKUP 5:30-6:30PM ↓
5:30-6PM Middle School		MR. ALEC	MR. ALEC	MR. ALEC	

CARnival FUN FRIDAYS!

JULY 10	CAMP SPENCER SHOWDOWN Camp activities including Fishing & Archery
JULY 17	MOVIE NIGHT
JULY 24	TYE-DYE TEES
JULY 31	BACK TO SCHOOL BASH

We miss you and hope you and your families are safe and healthy. We hope these opportunities allow us to connect with you the best we can during these times.



Arts & Crafts

Ms. Cheri

choward@bgclubcab.org



Activity 1: Color Scavenger Hunt

Supplies Provided in this Packet: Scavenger Hunt Template

Things needed at home: Outside environment

Directions: On the scavenger hunt template you will see color examples. Go outside in your yard or in your neighborhood and collect an item that represents each color. Glue all of your items you find to the white sheet of paper provided for you.

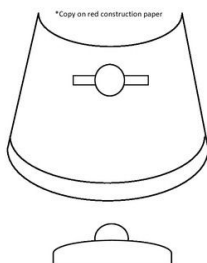


Activity 2: Bubble Gum Machine

Supplies Provided in this Packet: BG machine template, paper plate, puff balls, construction paper

Things needed at home: Scissors, Glue, coloring utensils

Directions: Color and cut out your machine. It does not have to be the traditional color red. Be as creative as you would like. Use the plate to represent your machine bowl. Then glue the balls on the plate as if they were in the machine. Some balls may be different sizes. Use the construction paper for your back ground



Wise Choices
Ms. Cheri
choward@bgclubcab.org



Activity: Diversity

Supplies Provided in this Packet: Paper, wooden stick

Things needed at home: Book, “We March”, Coloring utensils

Directions: Have a parent join

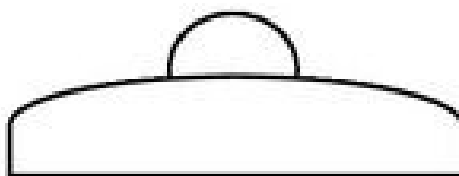
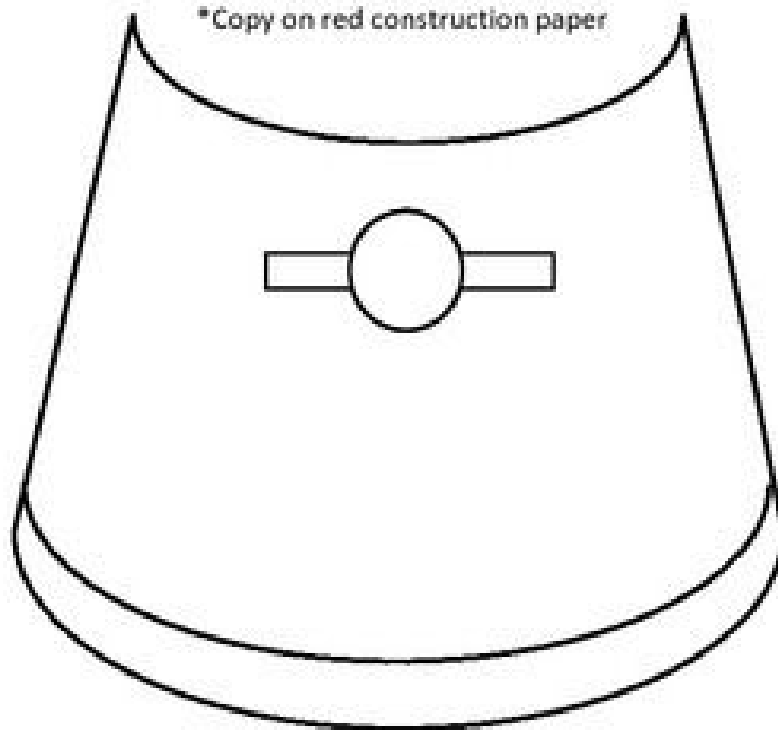
Last Friday in your packet you received a book titled “We March”. If you have not read it yet, read over it with a parent. Once you read it, think about something you march for, a change you want to make in the world and make a picket sign showing the change you want. Take a picture holding your sign and send it to my email for a chance to win a balance beam.



Prize



*Copy on red construction paper



Technology Center
Ms. Williams
twilliams@bgclubcab.org



Activity: How fast and accurately can you type each name of the States?

Goal: Practicing keyboarding skills by typing the name of each state

Supplies provided in this packet: N/A

Things needed from home:



Computer



Wi-Fi Internet

Instructions: Test your keyboarding skills and names of the states of the United States of America

- Visit <https://online.seterra.com/en/vgp/3003?c=3WXR6>
- Type in the names of the states.
- See if you can better your score in 5 tries.



Learning Center
Ms. Williams
twilliams@bgclubcab.org



Activity: Discovering the State Symbols of North Carolina

Vocabulary: Symbol – something that stands for something else. Ex: The Bald Eagle is a symbol of United States of America.

Supplies provided in this packet: State of North Carolina and the State symbols, cardboard

Things needed from home: US Map puzzle, Computer, Internet, pencil

Goal: Learning about the symbols of North Carolina

Activity 1: United States Map puzzle

Step 1: Get your US puzzle map. Take it apart and put it back together.

Activity 2: Learn the State Symbols of North Carolina

Directions:

Step 1: Cut out the map of North Carolina.

Step 2: Visit <https://statesymbolsusa.org/states/united-states/north-carolina> to fill in the answers on the line.

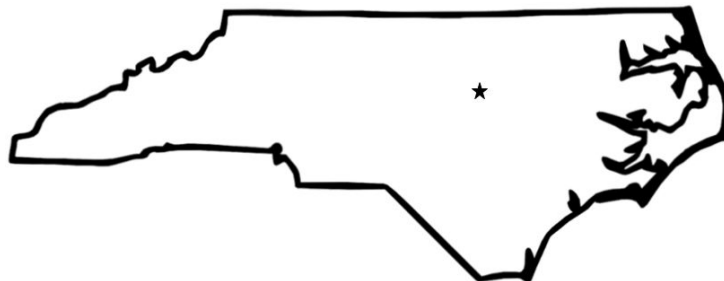
Step 3: Using the internet or your US map puzzle, write the State Capital next to the star.

Step 4: Glue the map onto the cardboard.

Step 5: Cut out the State Symbols and glue them near your answers on your map.

Step 6: Take a picture of your map and email it to twilliams@bgclubcab.org no later than Friday, July 24.

The first to send in a photo of your map gets a foam basketball or Color Your own Poster set.



Gym Gems
Coach Davis
georgia4321@yahoo.com



NFL: Punt, Pass, Kick

Supplies Provided: Football

Things needed at home: Tape Measure

Activity: During the week, you will need to work on passing, punting, and kicking the football. You will quickly get better at each activity and as you do, make a line for you to do each activity from. Once you're ready, you have 3 attempts at each activity. The longest distance for each activity will be measured for distance.

Passing: See how far you can throw the football, have someone record where the football landed and then record how many feet it traveled in the air. Divide the total number of feet by 3 and that will be the number of yards you threw the football.

Punting: See how far you can punt the football, have someone record where the football landed and then record how many feet it traveled in the air. Divide the total number of feet by 3 and that will be the number of yards you punted the football.

Kicking: Just like the kickoff to start the game, kick the football and have someone record the number of feet it traveled in the air. Divide the total number of feet by 3 and that will give you the total yards you kicked the football.

Video Sources:

How to throw a football: https://www.youtube.com/watch?v=2vqOlfW_98Q

How to punt a football: <https://www.youtube.com/watch?v=6VuwxiJKof0>

How to kickoff a football: <https://www.youtube.com/watch?v=4dQZNOG8AQw>

Samford Football Punt, Pass, Kick: <https://www.youtube.com/watch?v=nbnvpwGUNLw>



Games Room
Coach Breezy
rmason@bgclubcab.org



Activity: Marble Trap

Supplies provided in this packet: Bottle of water, marbles

Things needed at home: Tape, scissors, napkins

Directions: After you drink all of the water out of your water bottle, pinch the plastic on one side of it so you can make a small cut near the top of the bottle. The first ring near the top should be a good spot. After the cut is made, insert the scissors and make a straight cut all the way around the bottle cutting off the top. Take the napkin and dry out the inside of the bottle. Place the marbles inside the bottom of the bottle. Then place the part you cut off upside down back on the bottle. Finally, tape over the opening so the marbles don't come out. Once completed, begin play! The object is to get the marbles inside the opening.

[Don't forget to subscribe to our YouTube channel for examples of this any many more interesting games and videos!](#)



<https://www.youtube.com/BGCofCabarrusCounty>

Activity Room
Coach Breezy
rmason@bgclubcab.org



Activity 1: Ball Catcher

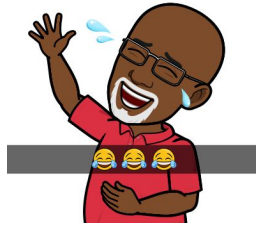
Supplies Provided in this packet: Cup, string, ball

Things needed at home: Tape

Directions: Tape one end of string to the ping pong ball. The second step can be done in two different ways. One way is to tape the other piece of the string to the bottom of the cup or make a very small hole in the bottom of the cup, feed the string through and tie a knot big enough on the inside so the string can not come back out. Finally you can begin play. The object is to hold only the cup and try to vault the ball into the cup.



Activity Room
Coach Breezy
rmason@bgclubcab.org



Activity 2: Sidewalk Chalk Board Game

Supplies provided in this packet: Chalk

Things needed at home: Area to make a game board

Directions: First, design your game board on a piece of paper, deciding how and where the game is going to start and finish. You will also need to decide what type of obstacles, if any, are going to be on your board. You may want to write down the rules on a separate sheet of paper. Lastly, decide if you are going to need any props or game pieces like dice or bean bags to toss to move around the board.

After you have planned out your game board, you will need to find an area to transfer the diagram to. Once that process is completed make sure everyone is familiar with all the rules and begin play! I would love to see a finished board game! The best game designer will be awarded with a board game of their very own-the game “Aggravation”!

