

Virtual Club Teens

Week of June 8 - June 12

VIRTUAL CLUB CONNECTION

PARENTAL PERMISSION SLIP

If you haven't already, please complete the yellow parental consent form and return to the activity table at the Club 5:30-6:30 weekdays. Students cannot participate in Zoom classroom meetings without this consent.

VIRTUAL CLUB PACKET INSTRUCTIONAL VIDEOS

Please subscribe to our YouTube page: <https://www.youtube.com/user/BGCofCabarrusCounty> to access fun videos that explain some of the weekly packet activities and provide visual instruction. New videos are posted each Friday as new packets are distributed.

ZOOM CLASSROOM SESSIONS

Starting Tuesday, May 26th, our program directors will be hosting daily Zoom meeting activities to provide kids with an opportunity to connect live with staff and other Club kids. Parental consent forms must be provided. Zoom meeting links and passwords will be sent via email once consent has been received. You will receive a new link and password each week.

ZOOM MEETINGS	M	T	W	TH	F
3:30-4PM K-2nd Grade	COACH BREEZY	MS. WILLIAMS	MS. CHERI	COACH DAVIS	↑ NO ZOOM MEETINGS ↓
4:30-5PM 3rd-5th Grade	MS. CHERI	COACH BREEZY	COACH DAVIS	MS. WILLIAMS	
5:30-6PM Middle School					

We miss you and hope you and your families are safe and healthy. We hope these new opportunities allow us to reconnect with you the best we can during these times.



21st CCLC Learning Center

Mr. Alec

aforney@bgclubcab.org



The Science Behind the Beans

Supplies provided in this packet:

Planting Beans Worksheet/ 7 Beans

Things needed at home:

Pencil, Paper, Pen

Directions:

Attached to this packet is a Planting Bean Worksheet. Visit this website:

<https://www.gardeningknowhow.com/edible/vegetables/beans/tips-for-growing-beans.htm> to answer the questions.

In the worksheet it will teach you all about how and why we plant beans in; this region, time of year, and amount of soil! Have fun and send me your answers when you are done for a prize! You may visit other websites to find out more about beans!

Planting Beans Worksheet

- Beans are part of the _____ family. _____ and _____ use beans for consumption.
- People have been planting beans for centuries as either _____ beans, shelling beans, and _____ beans.
- Beans fall into two categories; _____-type growth or _____ which is known as pole beans
- _____ snap beans are one of the most familiar to people.
- _____ or _____ beans are types grown for their immature seed which is shelled.
- All types of beans have to be planted in soil that is warmed up to at least _____ F.
- How deep must most bean seeds be buried? _____
- Beans need at least _____ inch(s) of water per week for good healthy growth!
- North Carolina is a great place to plant vegetables because of its constant _____ and _____.
- The best time to plant beans in North Carolina are during the months of _____ and _____.

Arts & Crafts

Mr. Alec

aforney@bgclubcab.org



“We Choose to Go to the Moon and do these other things, not because they are easy, but because they are hard” - John F Kennedy

Supplies provided in this packet:

Boys and Girls Club Designed Paper

Things needed at home:

N/A

Directions:

Due to the recent Space-X and NASA launch this past weekend, we are going to be building a glider! Not just any glider but the best glider there is! The spacecraft that was used before the rocket was the Space Shuttle. The Space Shuttle was more of a glider than a rocket. When the Space Shuttle would return back to Earth, it would glide back to the ground and land safely. With that being said, I want you to build the best glider you can! There is a link to a instructional video of Mr. Alec building the paper glider! Have fun and let them gliders soar at the end!

<https://www.youtube.com/user/BGCofCabarrusCounty/videos>

BOYS & GIRLS CLUB
OF CABARRUS COUNTY



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Life Skills

Mr. Alec

aforney@bgclubcab.org



“Planting the Bean Seed”

Supplies Provided in this Packet:

Soil/ Bean Seeds/ Plastic Cup

Things Needed at Home:

Time/ Water/ Sunlight

Directions:

In your packet you were provided with bean seeds and soil! Your objective for the rest of summer is to grow beans in your seed cup! First, plant one bean seed in the soil one-inch deep. Beans are easy to grow and only need an inch of water a week! Make sure your bean gets plenty of sunlight though! If you choose to plant your bean outside and it is extremely hot during the day, you are going to have to water it more often. Make sure you don't drown the seed! Once, you water and take care of your bean plant, it should show signs of growth within the first two weeks! Replant it in a sunny spot in your yard that has rich, soft soil (not clay or hard soil). You can plant the rest of your seeds directly in the ground if you'd like. Have fun and take plenty of pictures!

Game Room

Mr. Alec

aforney@bgclubcab.org



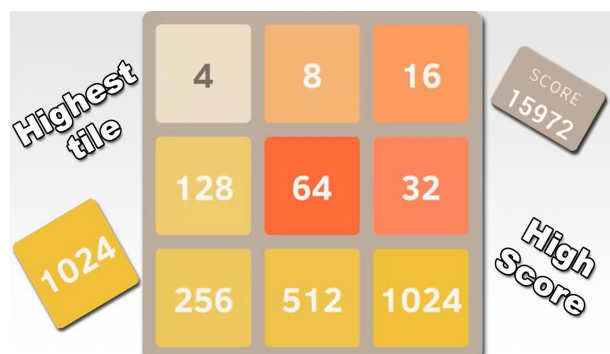
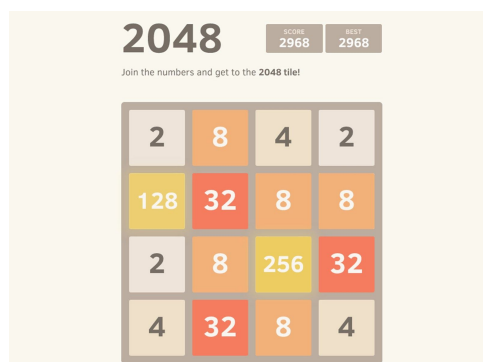
“Try and Beat Me, I Know You Can’t” - Mr. Alec

Directions:

<https://www.coolmathgames.com/0-2048>

Directions for the Game:

The goal of the game is too reach 2048 in a single block. You have to use the arrow keys on your computer and try and match up numbers so that they become one tile! So if a 2 connects with another 2 it turns into a 4 and then you have to match a 4 with that! Try your best and play the game 3 times! Take a screenshot of your best score and send it to my email. If you can beat my highscore (Highest Block: 256/ High Score: 3064) you will get a bag of chips or candy!



Gym Gems

Mr. Alec

aforney@bgclubcab.org



Forearm/ Tricep Workout!!

Supplies provided in this
packet:

Workout Routines (Below)

Things needed at home:

Room/ Space/ WATER

