16 Important things to know
on your first day in the Summer Program

1. **OPERATING HOURS** - 7:30 am to 6:30 pm. No drop off before 7:30 am / no pick up after 6:30 pm.
2. **MORNING DROP-OFF / PARKING** - Child drop off is permitted in the morning only. Parents who wish to drop their kids off will keep right and pull through the drop-off area to let their kids out. Kids must exit from the right-hand side of the car and will enter the building unescorted. CARS ARE NOT ALLOWED TO PARK IN THE DROP-OFF LANE. Parents wishing to walk their kids inside will keep left and continue to the parking area.
3. **AFTERNOON PICK-UP / PARKING -** ALL CARS MUST PARK IN THE LINED PARKING SPOTS and parents must enter the building and report to Club Central to pick up their children. Cars are not allowed to park or stop anywhere outside of the lined parking spots. Drivers violating this policy risk having their children suspended from the program.
4. **GROUP LETTERS** - Find out your Group Letter (A-L) on the boards down the hallway to the left of the front desk. You may also check with staff.
5. **CHECK-IN** - All children arriving before 8:30 am will report to the Snack Room (Game Gym for the first 2 days) for lunch count before going to Home Room, whether they are ordering a lunch or not. Children arriving after 8:30 am will check in at Club Central on the second floor.
6. **HOME ROOM** - Home Room assignments are listed on the back of this paper. This list will also be posted at the top of the stairs.
7. **THE LUNCH COUNT** - Children must be present in the Snack Room before 8:30 am to be counted for lunch. **Phone orders will not be accepted**.
8. **LUNCHES/SNACKS FROM HOME** - Should be placed in the designated Group bin in the Snack Room. Children may pick up their belongings in the Snack Room in the afternoon.
9. **SNACK/LUNCH MENU** - Substitute items will not be provided for any reason.
10. **FIELD TRIPS** - Take home a copy of the Field Trip / Camp Spencer schedule and carefully read all information about your child's trips. Field trips start on Tuesday, June 20 for Group F. Camp Spencer starts on June 20 for Groups A and E.
11. **FOOTWEAR** - Make sure your child has on proper footwear for playing. No flip-flops, please.
12. **WATER BOTTLES** - Children are not allowed to carry drinks or water bottles around the Club. Unfortunately, too many messes result from them.
13. **MEDICATION** - Should be turned in to Club Central staff on the second floor.
14. **CAMP SPENCER I** - Children must have a dry change of clothes to be able to swim at Camp Spencer. Children are not permitted to use shorts of any kind as swimsuits.
15. **CAMP SPENCER II** - Children will change swim clothes in areas designated for only BGC members: one room for boys, one room for girls. Be advised that the changing area is a single, open room accessible to a large group of children. Private, individual changing rooms are not available.
16. **CAMP SPENCER III** - Children returning from Camp Spencer must report inside the building before leaving with a parent.

HOME ROOM ASSIGNMENTS

GROUP A – Junior Game Room

GROUP B – Junior Multi-purpose room

GROUP C – Senior Learning Center

GROUP D – Practice Gym

GROUP E – Senior Technology Center

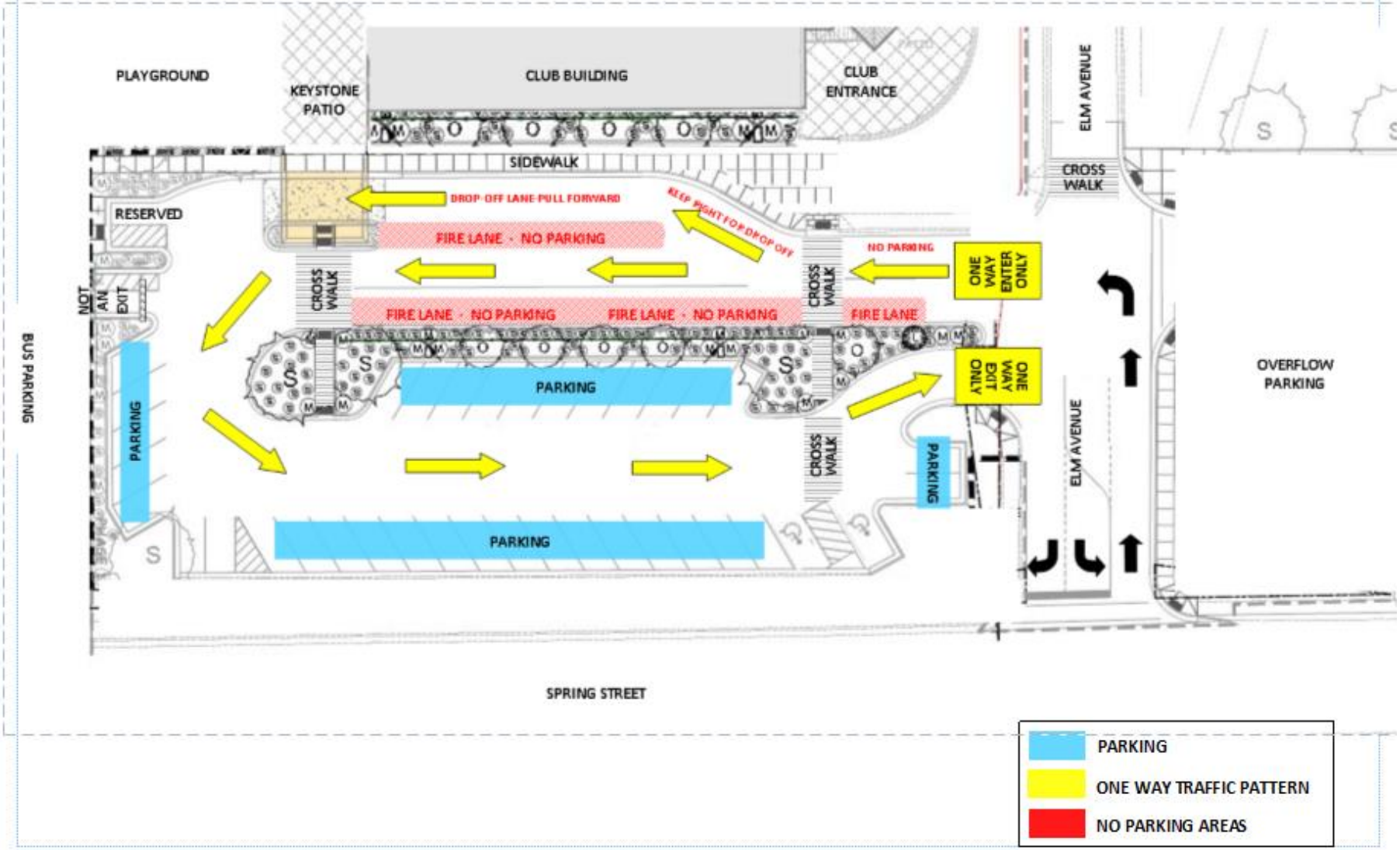
GROUP F – Senior Multi-purpose room

GROUP G – Senior Game Room

GROUP L – Game Gym

BOYS & GIRLS CLUB OF CABARRUS COUNTY

JUNE 2017



Summer Food Program Meal Schedule

Revised 5/26/2017

Club Week "A"

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8 oz. milk muffin (1.8 oz.) CN diced fruit cup (1/2 cup)	Breakfast 8 oz. milk cereal (2 oz.) CN mixed fruit cup (1/2 cup)	Breakfast 8 oz. milk pop tart (3.6 oz.) CN 2 bags of apple slices (4 oz.)	Breakfast 8 oz. milk cereal (2 oz.) CN diced fruit cup (1/2 cup)	Breakfast 8 oz. milk honeybun (2.5 oz.) CN mixed fruit cup (1/2 cup)
Lunch 8 oz. milk 4 chicken nuggets (2 oz.) 1 whole grain roll (25 gm) 1/2 cup corn 1/2 cup cold carrots w/ranch	Lunch 8 oz. milk 1/2 cup macaroni & cheese CN (4 oz. cheese) 1 whole grain roll (25 gm) 1/2 cup fruit cocktail 1/2 cup green beans	Lunch 8 oz. milk hamburger patty (2 oz.) 2% cheese (1 oz.) whole wheat bun (25 gm) 1/2 cup new potatoes 1/2 cup apple sauce	Lunch 8 oz. milk 4 mini corn dogs (2 oz.) 1 whole grain roll (25 gm) 1/2 cup apple sauce 1/2 cup green beans 1/2 cup mac & cheese CN (4 oz. cheese)	Lunch 8 oz. milk baked ham (2 oz.) whole wheat roll (25 gm) 1/2 cup mashed potatoes 1/2 cup sliced peaches

Club Week "B"

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8 oz. milk muffin (1.8 oz.) diced fruit cup (1/2 cup)	Breakfast 8 oz. milk cereal (2 oz.) mixed fruit cup (1/2 cup)	Breakfast 8 oz. milk pop tart (3.6 oz.) 2 bags of apple slices (4 oz.)	Breakfast 8 oz. milk cereal (2 oz.) diced fruit cup (1/2 cup)	Breakfast 8 oz. milk honeybun (2.5 oz.) mixed fruit cup (1/2 cup)
Lunch 8 oz. milk turkey (2oz) & gravy (1/2 oz.) 1 whole grain roll (25 gm) 1/2 cup mandarin oranges 1/2 cup broccoli casserole CN (3/8 cup of broccoli)	Lunch 8 oz. milk meat sauce (2 oz.) spaghetti noodles (1/2 cup) whole wheat roll (25 gm) 1 small apple 1/2 cup corn	Lunch 8 oz. milk hot dog (1.5 oz.) cheese cubes (1 oz.) whole wheat bun (25 gm) 1 small corn on the cob 1/2 cup peach slices	Lunch 8 oz. milk chicken tenders (2 oz.) corn bread (32 gm) 1/2 cup green beans 1 whole banana	Lunch 8 oz. milk chicken fillet patty (2 oz.) whole wheat bun (25 gm) 1 small orange 1/2 cup broccoli casserole (3/8 cup of broccoli)

Afternoon snack and drink offered daily at the Club. Items will vary.

		For Camp Spencer		
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
The same breakfast as served at the Club, alternating between week A and week B				
Lunch 8 oz. milk sliced ham (1 oz.) 2% cheese (1 oz.) whole wheat bread (25 gm) 1 small apple 1/2 cup cold carrots w/ranch	Lunch 8 oz. milk roasted turkey (1 oz.) 2% cheese (1 oz.) whole wheat bread (25 gm) banana 1/2 cup celery sticks w/ranch	Lunch 8 oz. milk 2% cheese (2 oz.) toasted whole wheat bread (25 gm) 1/2 cup cold carrots 1 small orange	Lunch 8 oz. milk sliced ham (1 oz.) 2% cheese (1 oz.) whole wheat bread (25 gm) 1/2 cup mandarin oranges 1 small apple	Lunch 8 oz. milk roasted turkey (1 oz.) 2% cheese (1 oz.) whole wheat bread (25 gm) banana raisins (1.5 oz.)

Field Trip Lunches

The same lunch will be served to all kids going on field trips based on the day of the week.

These lunches will not be provided if the field trip includes lunch (examples: Ci-Ci's Pizza and Frye's Skating Rink includes lunch in the trips.)

Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Lunch 8 oz. milk	Lunch 8 oz. milk	8 oz. milk	8 oz. milk	8 oz. milk
5.6 oz. whole wheat peanut butter & jelly sandwich (CN)	5.6 oz. whole wheat peanut butter & jelly sandwich (CN)	5.6 oz. whole wheat peanut butter & jelly sandwich (CN)	5.6 oz. whole wheat peanut butter & jelly sandwich (CN)	5.6 oz. whole wheat peanut butter & jelly sandwich (CN)
mixed fruit cup (1/2 cup) sliced apples (2 oz.)	diced fruit cup (1/2 cup) sliced apples (2 oz.)	mixed fruit cup (1/2 cup) sliced apples (2 oz.)	diced fruit cup (1/2 cup) sliced apples (2 oz.)	mixed fruit cup (1/2 cup) sliced apples (2 oz.)

Important Information

A Weeks: June 19-23, July 3-7 (Closed July 4), July 17-21, July 31-August 4, August 14-16

B Weeks: June 26-30, July 10-14, July 24-28, August 7-11

If the club is closed for a day, that meal day will be skipped (July 4th)

Your child must be at the club before 8:30am each morning if you choose to have them eat the vended lunches.

Allergies: We do not provide alternate meals for children with allergies. Please pack your child's lunch if you are concerned with the menu items.

We **WILL** provide a small lunchable in place of the PB&J sandwich on field trips for children with peanut allergies only. This must be documented.

This menu is subject to change depending on State recommendations, food availability and/or preferences of the children.

If you have any questions, please contact Mark Tracy at mtracy@bgclubcab.org or 704-721-2582 extension 171

Boys & Girls Club Summer Program Field Trips and Events, 2017

Day of week	Date	Group	Event	Bus leaves	Bus returns	Apply sun screen?	May bring extra $?	Bring water bottle?	Notes
Week of	**June 19-23**	***A, E***	***Camp Spencer***	***8:20***	***4:30***				
Mon.	Jun. 19	**OPENING DAY, No Camp Spencer on Opening Day**							
Tues.	Jun. 20	F	Gem Theatre/Ci Ci's	9:00	2:00	No	no	no	Movie at 10:00, lunch at 12:00
Wed.	Jun. 21	G	Star 14 movie/Park	8:45	2:30	yes	no	yes	Starlight 14/lunch at Reedy Creek Park
Thurs.	Jun. 22	L	Frye's Skating	9:45	3:00	No	no	no	Child must wear socks. Hot dog lunch, tokens, extra drink.
Fri.	Jun. 23	B	Xtreme Play	9:45	3:00	No	no	No	Child must wear socks. Play on inflatables
Week of	**June 26-30**	***B, F***	***Camp Spencer***	***8:20***	***4:30***				
Mon.	Jun. 26	C	Kann. Rec. Park	11:15	3:45	Yes	no	yes	Bring swim gear, towel
Tues.	Jun. 27	D	Gem Theatre/Ci Ci's	9:00	2:00	No	no	no	Movie at 10:00, lunch at 12:00
Wed.	Jun. 28	A.	Star 14 movie/Park	8:45	2:30	yes	no	yes	Starlight 14/lunch at Reedy Creek Park
Thurs.	Jun. 29	E	Frye's Skating	9:45	3:00	No	no	no	Child must wear socks. Hot dog lunch, tokens, extra drink.
Fri.	Jun. 30	L	Kann. Rec. Park	11:15	3:45	Yes	no	yes	Bring swim gear, towel
	30-Jun	All groups in building	WATER FUN DAY	TBA	TBA	Yes	no	Yes	Bring swim gear, towel
Week of	**Jul. 3-7**	***NO CAMP SPENCER***							
Mon.	Jul. 3	D	Xtreme Play	9:45	3:00	No	no	No	Child must wear socks. Play on inflatables
	Jul. 3	F	Kann. Rec. Park	11:15	3:45	Yes	no	yes	Bring swim gear, towel
Tues.	Jul. 4	***CLUB CLOSED FOR INDEPENDENCE DAY***							
Wed.	Jul. 5	B	Star 14 movie/CiCis	8:45	2:00	no	no	no	Starlight 14 movie at 10:00, lunch at Ci Ci's at 12:30
	Jul. 5	C	Frye's Skating	9:45	3:00	No	no	no	Child must wear socks. Hot dog lunch, tokens, extra drink.
Thurs.	Jul. 6	L	Kann. Rec. Park	11:15	3:45	Yes	no	yes	Bring swim gear, towel
	Jul. 6	F	Village Park	10:15	2:45	Yes	no	Yes	Bring swim gear, towel for play in splash pad
Fri.	Jul. 7	A	Kann. Rec. Park	11:15	3:45	Yes	no	yes	Bring swim gear, towel
	Jul. 7	E	Village Park	10:15	2:45	Yes	no	Yes	Bring swim gear, towel for play in splash pad
Week of	**July 10-14**	***C, G***	***Camp Spencer***	***8:20***	***4:30***				
Mon.	Jul. 10	B	Kann. Rec. Park	11:15	3:45	Yes	no	yes	Bring swim gear, towel
Tues.	Jul. 11	L	Gem Theatre/Ci Ci's	9:00	2:00	No	no	no	Movie at 10:00, lunch at 12:00
Wed.	Jul. 12	E	Star 14 movie/Park	8:45	2:30	yes	no	yes	Starlight 14/lunch at Reedy Creek Park
Thurs.	Jul. 13	D	Frye's Skating	9:45	3:00	No	no	no	Child must wear socks. Hot dog lunch, tokens, extra drink.
Fri.	Jul. 14	A	Xtreme Play	9:45	3:00	No	no	No	Child must wear socks. Play on inflatables
Week of	**July 17-21**	***D, E***	***Camp Spencer***	***8:20***	***4:30***				
Mon.	Jul. 17	G	Kann. Rec. Park	11:15	3:45	Yes	no	yes	Bring swim gear, towel
Tues.	Jul. 18	A	Gem Theatre/Ci Ci's	9:00	2:00	No	no	no	Movie at 10:00, lunch at 12:00
	Jul. 18	L	Frye's Skating	9:45	2:45	No	no	no	Child must wear socks. Hot dog lunch, tokens, extra drink.
Wed.	Jul. 19	C	Star 14 movie/Park	8:45	2:30	yes	no	yes	Starlight 14/lunch at Reedy Creek Park
Thurs.	Jul. 20	F	Frye's Skating	9:45	3:00	No	no	no	Child must wear socks. Hot dog lunch, tokens, extra drink.
Fri.	Jul. 21	All	FIELD DAY	TBA	TBA	Yes	no	yes	Outdoor field activities

***If a group is not present at the Club during a regularly scheduled snack time, the group will not participate in that snack time.**

**** Children are not allowed to opt out of field trips and stay at the club. Children arriving after group leaves for trip must either return home or must be taken to the site of the field trip by the parent/guardian.**

Boys & Girls Club Summer Program Field Trips and Events, 2017

Day of week	Date	Group	Event	Bus leaves	Bus returns	Apply sun screen?	May bring extra $?	Bring water bottle?	Notes
Week of	**July 24-28**	***A, F***	***Camp Spencer***	***8:20***	***4:30***				
Mon.	Jul. 24	D	Kann. Rec. Park	11:15	3:45	Yes	no	yes	Bring swim gear, towel
Tues.	Jul. 25	L	Gem Theatre/Ci Ci's	9:00	2:00	No	no	no	Movie at 10:00, lunch at 12:00
Wed.	Jul. 26	B	Star 14 movie/Park	8:45	2:30	yes	no	yes	Starlight 14/lunch at Reedy Creek Park
Thurs.	Jul. 27	G	Frye's Skating	9:45	3:00	No	no	no	Child must wear socks. Hot dog lunch, tokens, extra drink.
Fri.	Jul. 28	L girls	Great Outdoors Univ.	8:45	2:30	Yes	no	yes	Nature program, sandwich lunch, expect to get dirty
Week of	**Jul. 31-Aug. 4**	***B, G***	***Camp Spencer***	***8:20***	***4:30***				
Mon.	Jul. 31	E	Kann. Rec. Park	11:15	3:45	Yes	no	yes	Bring swim gear, towel
Tues.	Aug. 1	C	Gem Theatre/Ci Ci's	9:00	2:00	No	no	no	Movie at 10:00, lunch at 12:00
	Aug. 1	L Girls	Discovery Place	9:30	3:30	no	yes	no	Visit to museum in Charlotte
Wed.	Aug. 2	D	Star 14 movie/Park	8:45	2:30	yes	no	yes	Starlight 14/lunch at Reedy Creek Park
	Aug. 2	L Boys	Kann. Intimidators	11:15	3:30	Yes	yes	yes	Baseball game, hot dog lunch
Thurs.	Aug. 3	A	Frye's Skating	9:45	3:00	No	no	no	Child must wear socks. Hot dog lunch, tokens, extra drink.
Fri.	Aug. 4	L boys	Great Outdoors Univ.	8:45	2:30	Yes	no	yes	Nature program, sandwich lunch, expect to get dirty
Week of	**Aug. 7-11**	***C, D***	***Camp Spencer***	***8:20***	***4:30***				
Mon.	Aug. 7	L	Kann. Rec. Park	11:15	3:45	Yes	no	yes	Bring swim gear, towel
Tues.	Aug. 8	G	Gem Theatre/Ci Ci's	9:00	2:00	No	no	no	Movie at 10:00, lunch at 12:00
Wed.	Aug. 9	F	Star 14 movie/Park	8:45	2:30	yes	no	yes	Starlight 14/lunch at Reedy Creek Park
Thurs.	Aug. 10	B	Frye's Skating	9:45	3:00	No	no	no	Child must wear socks. Hot dog lunch, tokens, extra drink.
Fri.	Aug. 11	L	Spare Time at LKN	10:00	3:30	No	yes	no	Includes bowling, pizza lunch, game card
Week of	**Aug. 14-16**	***L***	***Camp Spencer***	***8:20***	***4:30***				
Mon.	Aug. 14	All	Summer Bonanza	TBA	TBA	All groups remaining at Club will participate in a Summer-ending special program			
	Aug. 14	G	Village Park	10:15	2:45	Yes	no	Yes	Bring swim gear, towel for play in splash pad
Tues.	Aug. 15	E	Gem Theatre/Ci Ci's	9:00	2:00	No	no	no	Movie at 10:00, lunch at 12:00
Wed.	Aug. 16	C	Xtreme Play	9:45	3:00	No	no	No	Child must wear socks. Play on inflatables
	Aug. 16		***Last Day of Program***						

***If a group is not present at the Club during a regularly scheduled snack time, the group will not participate in that snack time.**

**** Children are not allowed to opt out of field trips and stay at the club. Children arriving after group leaves for trip must either return home or must be taken to the site of the field trip by the parent/guardian.**

MOVIES

Gem

DATE	GROUP	MOVIE
June. 20	F	*Secret Life of Pets*
June. 27	D	*Storks*
July. 11	L	*Ice Age: Collision Course*
July. 18	A	*Sing*
July. 25	L GIRLS	*The Peanuts Movie*
Aug. 1	C	*Penguins of Madagascar*
Aug. 8	G	*Alvin & Chipmunks: The Road Chip*
Aug. 15	E	*Rock Dog*

Starlight 14

DATE	GROUP	MOVIE
June. 21	G	*Trolls*
Jun. 28	A	*Pens of Madagascar*
Jul. 5	B	*Rio 2*
Jul. 12	E	*Sing*
Jul. 19	C	*Ratchet and Clank*
Jul. 26	B	*Spongebob Squarepants*
Aug. 2	D	*Cats and Dogs 2*
Aug. 9	F	*Lego Batman Movie*

Summer Program Groups

A - Antelopes	(rising 1st-3rd graders)
B - Bears	(rising 1st - 3rd graders)
C - Colts	(rising 1st - 3rd graders)
D - Dawgs	(rising 1st - 3rd graders)
E - Eagles	(rising 4th-6th graders)
F - Falcons	(rising 4th-6th graders)
G - Gulls	(rising 4th - 6th graders)
L - Lions	(rising 7th - 9th graders)

updated June 9, 2017